May (1



Olympics of Culinary Arts

Vancouver Contennity College No. Ethiodi Campus – Library P.O. Roy 2620, Station F Vancouver, B.C. V5N 579

Inside

2

What's up in CC Counselling?

Bouquets to KEC authors

3

A newsletter in a newsletter: Learning Centre *NEWS*

4

New KEC library equipment Workaholic alert!

5 Voicemail etiquette

Celebrating **30** Years

Teacher of champions

efending world championships has become part of the job for James Hutton, instructor of Culinary Arts at City Centre. In October 1996 James will be helping to head the Canadian National Team of Culinary Arts, as they travel to Berlin to defend their 1992 World Title. The competition, often called "the Olympics of culinary arts," is the ultimate prize in cooking circles.

For the first time in recent history, the Canadian team will be truly representative of Canada. Members of the team will hail from Vancouver, Winnipeg, Montreal, Toronto and Halifax. The five-member team will consist of a captain, pastry cook, and three cooks. Each team will submit six menus each for the "hot" and "cold" competitions. One menu will be selected from each category. The team will prepare food for 100 people, and be judged on flavour, presentation, texture, and appreciation by the public.

For now, James' biggest challenge is fundraising. Competing in world competitions is an exciting, but expensive endeavour. Besides the flight, food and accommodation expenses for Berlin, the team hopes to get together for practice sessions. James is actively working on fundraising by enlisting corporate support from Canadian food companies, airlines, etc.

In the World Association of Cooks Societies Competition held in Norway last

year, James and Harold Bonkowski led a team of apprentice chefs to second place. The format was Black Box. In this type of event, none of the competitors know which type of food will be placed inside the box until the actual event. The Canadian Black Box contained mackerel, leg of lamb, strawberries and passion fruit.

When James is not entering world competitions, he instructs the last month of the 12-month culinary course, where he teaches the students to prepare food for JJ's Restaurant.

written by Barbara Hammond



Oops!

Last week's article on loan

McArthur-Blair, entitled

"She Makes a Difference."

incorrectly stated that the

Canada India Institutional

Cooperation Project has

been extended for another

two years. Please note that

the project's extension is

still pending.

What's up in CC Counselling?

Job search guide

The Counsellors at City Centre are pleased to announce the development and publication of a job search guide for students entitled "FINDING THE JOB YOU WANT." This comprehensive and very readable guide was written and compiled by Sukhi Sohi, a Counsellor at City Centre. The guide is laid out in a very clear manner and outlines a job search process that will address the needs of VCC graduates. This booklet acts both as a curriculum guide and handout for workshops on job search which are offered by Counsellors to students nearing graduation. Normally these workshops are offered in the classroom at the request of an Instructor. A copy of the guide will be available from the Counselling Department by the middle of May. For more information, contact Allan Clarkson, Local 8446.

Improvement in services

The Counsellors at City Centre are pleased to announce a change and improvement in services to enrolled students. In the past we have attempted to schedule our resources so as to have a Counsellor available all day to students, on a drop-in basis. This worked well as long as only one student at a time dropped in. When two or more arrived at the same time, those students who had to wait were inconvenienced. So we've changed the system. We now will make a Counsellor available all day to respond to requests from students for same-day appointments Appointments will be available on a "first come, first served" basis each day. Because service to enrolled students is our priority, this modification should improve matters. It will ensure the same level of Counsellor availability, and will enable students to reserve a convenient appointment time. Requests which are urgent will, of course, receive immediate attention. So...please let your students know that at City Centre "drop-in" counselling has been replaced by same-day counselling appointments. Thanks.

Bouquets to KEC authors

An unsolicited letter from the chairman of social science at Lake Michigan Academy, Grand Rapids, Michigan arrived in the Lower Mainland a week or so ago. The following is part of that letter:

"Lake Michigan Academy, Grand Rapids, Michigan is a private school for students with learning disabilities grades 1-12. We teach a modified form of Orton Gillingham using a structured, repetitive, and sequential teaching format enabling our students to learn decoding, syllabication, vocabulary and comprehension. A set of Prefixes, Roots and Suffixes was purchased by the Academy in 1994. We found our-

555

selves constantly borrowing them among the faculty. The format of these books integrates well our tutorial and curricular goals."

Three of the authors of those tree books currently work at King Edward Campus. They are (trumpet roll) Nancy Barr, Margaret Follis and Anne Parsons.



Learning Centre *news*

May 1995

Volume I, Issue I

Renovations to City Centre Learning Centre

Vancouver Community College King Edward Campus - Library P.O. B.S. 24600, Station F Vancouver, B.C. Vord 7, -

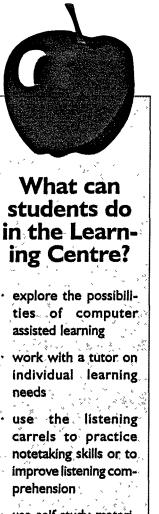
enovations in the Learning Centre at the City Centre Campus are complete and the furnishing and organizing of the space will soon be completed. The dream to open a student learning support centre is soon to be a reality. Faculty, Administration, student support areas (counselling, library, assessments and IEPA) and students and their Association have all worked hard and cooperatively to see this project through.

In late 1994, Barry Kendrick and Cheryl Howrigan developed the core design concept, and in consultation with the Campus community set the philosophical direction for the new Learning Centre location. In April, Lyn Lennig came on as the Coordinator for the VCC Learning Centres at KEC and CC.

Learning Centre Staff

The core of both Learning Centre locations is the tutoring staff. Both Centres will have Math/ Science and English Skills tutors. All tutors will offer one on one tutoring assistance to any College student. In addition, tutors will conduct tours of the Centres.

Please call either Centre to book tours: 443-8607 or 871-7219.



 use self-study materials to increase reading vocabulary

• practice communication skills

Workshops: discover new ways to learn

One of the most important roles of the Learning Centre is to

meet the individual learning needs of students, and an effective and efficient way to do this is through workshops. Tutors at both locations lead small group workshops on a variety of topics.

Workshops are advertised in Connections and on the Learning Centre bulletin boards.



- For more information on what the Learning Centre can offer your students, or if the Centre can help support students in your program or department, please call Lyn Lennig at 443-8606.
- Watch for information on the opening of the Learning Centre at CC in the next edition of Connections.



New equipment in KEC Library

New student computer

We have installed an up-to-date computer and 24-pin printer in the Library Typing Room, primarily to provide an additional site for VCC students needing word processing facilities. Programs mounted are WordPerfect 6.1 for WIN, WordPerfect 6.0b for DOS, MS Word 6.0 for WIN and MS Excel 5.0. Only these programs may be run and students need to have prior knowledge of the software as no instructional assistance is available. There will be a one-hour time limit during busy periods. Students can sign up at the Library Circulation Desk.

New Networked CD-ROM Workstations

Starting Thursday, May 11, KEC Library is installing an additional CD-ROM



workstation networked to a central server. Two us-

ers can now access the same CD-ROM simultaneously. Please bear with us if your favourite CD-ROM title is not available during the installation and trouble-shooting period. However, don't forget that you have access to some of the same databases, such as ERIC and CBCA, through the Electronic Library Network (ELN) server located at UBC. Just select the "Gateway to Other Libraries/Services" from our computer catalogue, connect to UBC, and you're off!

We will be reviewing our CD-ROM title subscriptions and, in light of high network sitelicence fees, may opt to include more titles not available on the ELN server, or choose some full-text databases. Stay tuned!

Mark Goertz

Watch for workaholic burnout

If you find yourself, or a coworker, putting in longer hours than everyone else, you may be face-to-face with a ticking time bomb. Workaholics are driven to accomplish more than those around them. They want to move up the ladder as quickly as possible and are willing to sacrifice everything for their goal. This may be productive for a while, but if the workaholic doesn't receive what he or she sees as proper reward for the effort, the results can be devastating.



The workaholic needs to be told that what is produced is far

more important than the amount of time put in; that there are more important things in life than beating others up the corporate ladder. Tell them to stop and smell the roses, to enjoy life before it passes them by...even if you're talking to yourself.

reprinted from "ideas unlimited"



Nothing great was ever achieved without enthusiasm.

—Ralph Waldo Emerson



Voicemail: the next best thing to being there?

Not quite—but if used efficiently, it can come pretty close. Here are a couple of suggestions:

If you are not going to be at the office for more than a day or so, change your greeting to reflect this. Your co-worker at the desk next to you may know you're on your flex day, but chances are that an external caller won't be aware of that and will leave a message, expecting a return call the same day. If possible, give an alternate number that the caller can dial for help in case of an important request.

If used to its potential, voice-mail can be a big time-saver. For instance, if you're calling someone looking for an answer to a particular question, and you get their voicemail,

don't simply leave a message asking him/ her to call you back,

without giving them any details as to why you've called. Instead, eliminate a step by providing them with the details of the request.

So, instead of just returning your call, you've given them the opportunity to get your answer for you without having to first call you back and ask what you wanted.



To all administrators, faculty, staff and students

You are invited to a

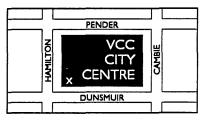
JEWELLERY ART & DESIGN

STUDENT EXHIBITION

OPENING RECEPTION MAY 26 6 PM - 9 PM

SHOW ON DISPLAY MAY 27 - JUNE 9

VANCOUVER COMMUNITY COLLEGE 250 West Pender Street Hamilton / Dunsmuir Entrance



<u>announcements</u>

The Pier 15 poster has been corrected.

We appreciate your concern regarding the spelling error on the "Pier 15" poster. The students in the Food and Beverage Management program have been advised of the mistake and it has been rectified.

Thank you again for your help and support. We look forward to seeing you at Pier 15!

The Food and Beverage Management students

Absent from Campus

Mark Goertz will be away from May 16 - 23. For urgent matters, contact Aphrodite Harris, 7319.

Need a mover?

For any off campus move requests, at least two days notice to the Facilities Dept. is required. Thanks for your cooperation.

Personal Safety Questionnaire reminder

Don't forget that May 19 is the last day to return personal safety questionnaires to one of the return questionnaire boxes located around each campus.





Connections

Editor, Design and Layout: Dale Rasmussen, PR Dept

Campus Contacts: Vickki Montigny (CC), Manijeh Golkhizi (KEC)

Communications Coordinator: Sarah Lucas, local 7158

Connections publishes every Thursday, and the deadline for submissions is 3:00 pm on the previous Friday. Please supply your article to Manijeh or Vickki in a simple.wordprocessed format (text only is best) on an IBMcompatible disk. Please include a hardcopy.

Please recycle this newsletter.



Earn your Masters of Art (M.A.) in Educational Leadership without sacrificing your livelihood.

Come to an Information Session on a Master of Arts Degree M.A. in Educational Leadership, Friday, May 26th, 1995 from 4:00 to 5:30 p.m. at the Surrey Conference Centre, 9260 - 140th Street. Programs will focus on: Leadership in Counsellor Education; Leadership in Special Education; Leadership in Curriculum and Instruction; Leadership in Administration; and Leadership in Higher Education. All the above courses are from San Diego State University. For more information, please call Vivienne Garrott at local 7159.

The Taiwanese Canadian Cultural Society invites you to

"Knowing About Our Community," Monday, May 22, from 10:00 am to 4:00 pm at the Vancouver Formosa Academy, 5621 Killarney Street, Vancouver.

The Sahalli Outdoor Theatre Projects Committee invites

you to a community forum on Tuesday, May 23, 1995 from 7:00 to 9:00 pm at the new Mount

IOB POSTINGS

VCC

Library Technician (c), KEC Library. Closing date: May 15.

Bookstore Manager, City Centre. Closing date: May 15.

Technical Assistant, Printing Production. Closing date: May 15. Director of Information and Computer Services. Closing date: May 19.

EXTERNAL Director, North Island College. Closing date: May 19. Pleasant Neighbourhood House, 800 East Broadway. Come and help to plan an outdoor performance structure for the neighbourhood at 7th Avenue and Fraser Street.

Deaf/Hearing Awareness Week

Join us outside the KEC main auditorium Wednesday, May 17 to celebrate Deaf/Hearing Awareness Week 1995. Various organizations and services accessible to Deaf and Hard of Hearing people will be setting up display and information booths between 10:00 a.m. and 2:30 p.m. Last year the Deaf Children's Society, Western Institute for the Deaf and Hard of Hearing, and Women Against Violence Against Women were among those who set up display booths. An information session will take place in the main auditorium between 11:00 a.m. and 12:30 p.m. Featured presenters will include Mel Felker (Counselling), Ellie Casey (Interpreting and Brailling Services), Leanor Vlug (Program for Deaf and Hard of Hearing), and Beth Brooks (speech reading Instructor). Sign Language Interpretation and Oral Interpretation will be provided. The event is open to all who are interested in becoming better acquainted with Vancouver Community College's many educational and vocational options.

FOR SALE

92 Mazda Miata Limited Edition, loaded, tan leather, OD, PW, PDL, HT, 5 SPD, alarm, 3700 miles. Black immaculate, \$17,000. Call Wayne at local 7279 or Dolores at 543-8871 or 666-6875.

Two bedroom and den apartment in west Richmond. Assumable mortgage 6.50% to May 1997; \$148,000. 1 1/2 baths, underground parking, over 1200 sq. ft., many amenities, fabulous recreation centre, indoor and outdoor pools, one block to bus, shopping centre, banks. Sale by owner. Call eves or weekends, 538-8761.