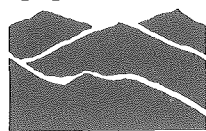


92 Nov 16

# ENTRICKITY

VANCOUVER  
COMMUNITY  
COLLEGE



Vancouver Community College  
City Centre  
Library  
250 West Pender Street  
Vancouver, B.C. V6B 1S9  
DEC 11 1992

Volume 3, Issue 6

November 16, 1992

CITY CENTRE

## COOKING VICTORY

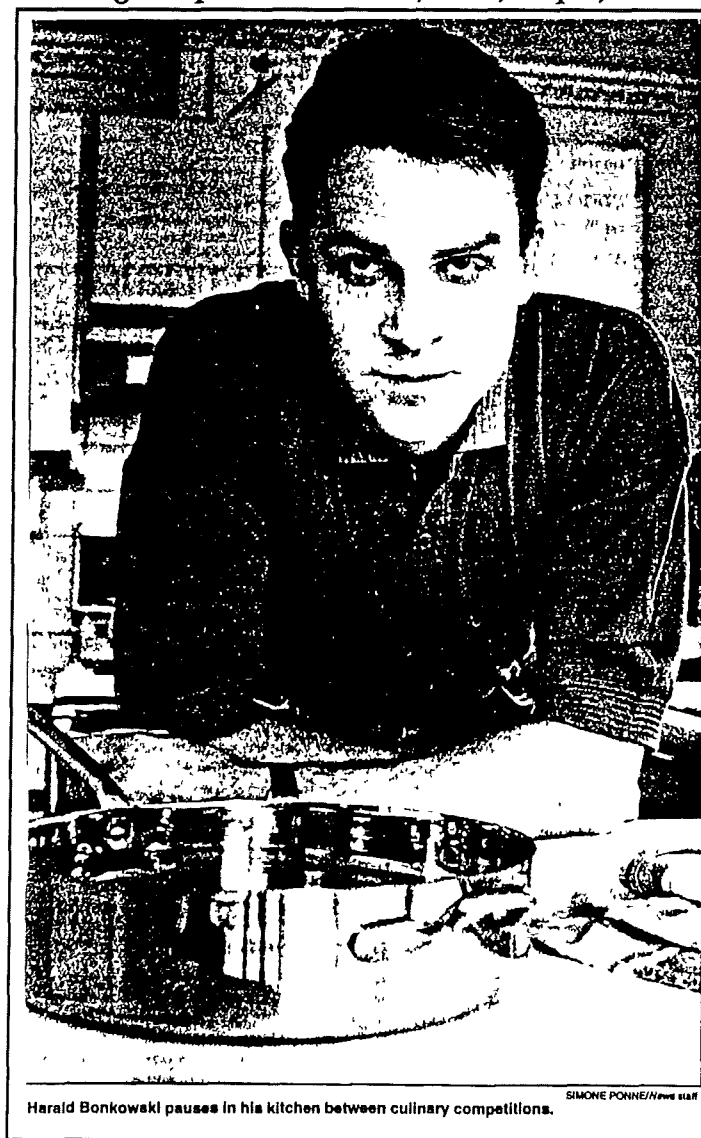
*Veal Tail and Prawn Gallantine, Oka Sauce, Ricotta and Pecan Raviolis*  
**Winning Recipe!!! - October 4, 1992, Jasper, Alberta**

The Dairy Bureau of Canada held a dairy competition, Canada-wide, where only cow's milk ought to be used in the recipe. It is the most prestigious competition in Canada where tasting, judging, organizational, preparational skills, etc. are the mainstay for this culinary contest.

Harald Bonkowski, one of our instructors in the Culinary Arts Department, won regional, national and grand prize honours with his recipe. The result: cheques worth \$4,250 and two air tickets to anywhere Air Canada flies.

"I was surprised," the German-trained chef said. "When you design a recipe, you are working with your own taste buds." It was gratifying, he said, to see the response his winning dish garnered from the 10 people who judged him.

The award-winning recipe was the result of three months of after-school work this year and a like amount of time over the past several years.



Harald Bonkowski pauses in his kitchen between culinary competitions.

Bonkowski was trained in Berlin in cooking and as a pastry chef. He came to Montreal for the Olympics, planning to stay in Canada for a year and then travel the world. Instead, he stayed in Montreal until 1980, working at the prestigious Queen Elizabeth and Hyatt Regency.

In 1980, he came west and, when he couldn't find an apartment in Vancouver, moved to Whistler, where he worked at the Whistler Creek Lodge for two seasons.

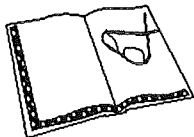
In 1982 he moved to Vancouver where he found work as a chef at a number of hotels and restaurants.

He was 'sous chef' at the Four Seasons Hotel in 1986, when he had the opportunity to join the chef training staff at BCIT, which was amalgamated with VCC courses into a full-fledged hospitality and tourism program in 1989.

The event, which is to promote cheese in the cooking field, attracted 400 entries from restaurants, hotels and cooking schools across the country. Organizers chose from those 16 finalists for competition in appetizer, main course and dessert categories.

### **NEW FACE IN THE BOOKSTORE**

Please welcome Susan Reynolds back to City Centre Campus. She is replacing Sheila Schmidt who is on maternity leave until June, 1993.

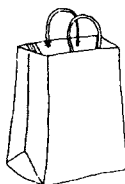


Happy to have you back, Susan!

**Karen Kelly**

### **COUNSELLING DEPARTMENT**

*"What are they doing down there?"* A good question. What are the Counsellors doing?



Here is your opportunity to find out from the Counsellors themselves. We have organized a workshop where you can find out:

- how our activities affect your activities
- how your activities affect our activities
- how our combined efforts contribute to student success.

You want to talk about career counselling? About a student-friendly campus? About barriers to effective learning? Or is your question a simple one: "What do Counsellors really do, anyway?"

**Date:** December 2, 1992

**Time:** 12 Noon

**Place:** Employee Lounge - Room 300A

Bring your lunch, please.

**City Centre Counsellors**

### **FASHION SHOW AND RAFFLE**

#### **FIAT MODE II "LET THERE BE FASHION"**



Graduates of VCC's Fashion Arts Program will present their current collections at *Fiat Mode II*, a Fashion Show and Raffle, to raise funds for fashion arts bursaries. The show will feature the work of twenty designers and will include a wide variety of original, inventive and wearable designs.

*Fiat Mode II*, sponsored in part by *Mr. Jax Fashions Ltd.*, begins at **8:00pm Monday, December 7th, at the Commodore Ballroom.**

Raffle prizes have been donated by major fashion businesses in Vancouver including, *Koret, Jax Fashions, Pfaff and House of Virani*. Garments from local designers including *Dana Cleland, Mary Van Osch, Margaret Blackburn and Jacqueline Conoir* will be raffled. *Omega Travel, Vancouver Symphony Orchestra and the Waterfront Hotel* have also supplied prizes. Tickets cost \$10.00 and will be available after November 15th at:

Continuing Education Office, CC

Batvia Trading Co.  
3570 West 4th Ave.

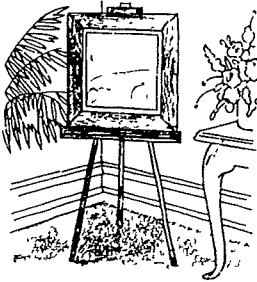
Mr. Jax Fashion Fabrics  
316 West Cordova St.

Pfaff Sewing Centre  
2404 Granville St.

Tickets at the door are \$15.00.

**Donald Oakes**  
**Continuing Education**

## ***JEWELLERY/PRINT SHOW & SALE***



On November 28 & 29, VCC students from City Centre's Jewellery Art & Design Program and Langara's Fine Arts Program will be holding a show

and sale of their recent work.

The event will be held on Granville Island at 1241 Cartwright St. --(across from Emily Carr College of Art & Design, near the Pelican Bay Restaurant).

## ***NEWS FROM CULINARY ARTS***

### **Bavarian Night**

We are very pleased to report on the "Bavarian Night" event held at City Centre on November 6, 1992. This was the 12th consecutive scholarship fundraising event sponsored by the BC Chef's Association.



Approximately \$5,000 were raised and all proceeds are geared to help young and eager culinarians who excelled in High School cook training classes and who want to pursue further post-secondary studies.

We would like to take this opportunity to extend a thank-you note to everyone who assisted during this function:

- Food Suppliers
- Bavarian Night Committee Members
- Culinary Arts students & instructors
- All volunteering students
- Printing Production
- Hospitality Administration
- Food & Beverage Management
- Baking Apprentices
- Building Services

### **Background**

Fred Naso, an instructor and department head in Culinary Arts who served the college for the last 24 years, was the founder of the "Bavarian Night". He passed away last September.

Fred devoted his life to training, teaching and administering young culinarians. Under his guidance and

leadership, 4,000 students have entered the cooking profession.

In Fred's honour, the department has decided to set up a registered scholarship fund. Donations to this fund will be matched dollar for dollar by the provincial government and all contributions will be tax deductible.

During that night, 220 guests were served and 43 door prizes were given away to those in attendance.

Guests enjoyed a delicious full course dinner and were provided with optimum service. A dance followed afterwards.

Congratulations and many thanks to everyone who participated in this sounding success event.

**Ulrich Falter**

### ***FUNNY TOUCH***

Guess who spent two hours listening to his unplayed messages in his voicemail?



**David Kolot**

He had been on holidays when the voicemail system crashed, and for a week he kept silence wondering why he couldn't get through his mailbox.

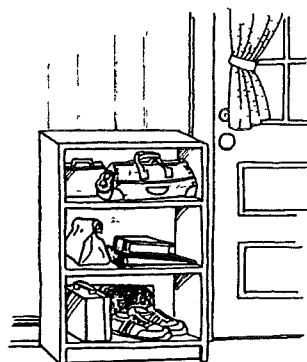
I think it would be a good idea to submit David's incident to the *'Guinness Book of Records'* for having 57 unplayed messages in his voicemail!!!!

**Respectfully submitted by  
Karin Giron**

### ***HOUSEHOLD HINTS***

#### **Making Life Easier**

Allow time for making up the beds and tidying the kitchen before leaving the house in the morning. It makes coming home much more pleasant--and sets an example for others in the household.



Keep a bookcase near the back door. Assign each child a shelf on which to assemble lunch, homework, gym clothes, and so on. In the morning, they can pick up everything quickly as they depart; in the afternoon, they can drop their belongings there.

#### **The Night Before**

Cut down the morning chaos by doing as much as you can the night before. Write absence notes, bus notes, trip permissions. Lay out clothes, fix lunches, distribute lunch money, book-order money. It doesn't take long.

While you are cleaning up the kitchen after dinner, set the table for breakfast, put out jams, cereals, and any other nonrefrigerated items; you will have that much less to do in the morning.

**Condensed from 'Reader's Digest'**

## NOTICE TO ALL MEMBERS AND PROSPECTIVE MEMBERS V.C.C. EMPLOYEE BENEFIT PLAN

The Vancouver Community College Employee Benefit Plan (E.B.P.) was established in late 1985 to provide a vehicle whereby plan members/eligible V.C.C. employees could defer a portion of their monthly income for the purpose of financing a future sabbatical leave. Amounts contributed to the E.B.P. are not subject to income tax until such time as payment is received by the individual from the plan in accordance with an advance tax ruling given to the plan by Revenue Canada in March of 1985.

### BRIEF DESCRIPTION

For those prospective members who are unfamiliar with the plan, the following brief description of the plan as currently constituted should be informative:

#### What is the Employee Benefit Plan?

The Employee Benefit Plan is a vehicle through which eligible V.C.C. employees can defer a portion of their monthly income exclusively for the purpose of financing a future sabbatical leave

#### Who can become a member?

All full-time permanent employees of V.C.C. are eligible to apply for plan membership through the "Plan Administration Committee"

#### Income Tax Implications

Amounts contributed to the Employee Benefit Plan by payroll deductions are not taxable until the amounts are paid out of the plan to the employee. As a result, the employee obtains a deferral of income tax on the amounts contributed to the plan much the same as a registered pension plan or registered retirement savings plan provided the contributions are for the purpose of financing a future sabbatical leave

#### Other Features

The plan allows the employees to defer the taxation on their employment income to a future year. This is especially attractive for those employees whose income is more than sufficient to meet the present cash needs and who wish to "save" a portion of this income for future years to finance a sabbatical leave.

The amount that can be directed to the plan is limited to 30% of your earnings and the deferral period is limited to six years by which time your sabbatical leave should commence. All contributions must be withdrawn from a member's account within the calendar year following the end of the six-year deferral period. At that time, a new sabbatical leave deferral period may commence, with resumption of contributions

The Employee Benefit Plan is funded outside of Vancouver Community College. As a result, employees are assured that the funds are held by an independent custodian. The amounts contributed to the custodian of the plan, Canada Trust, will be invested with interest earnings accruing in the name of the member/contributor

Plan members/contributors have the discretion to elect to receive their payout from the plan in a predetermined number of instalments during the sabbatical leave or in a lump sum. This could also facilitate income tax planning by spreading the taxation of the amounts throughout the period of a sabbatical leave

Should a plan member retire or otherwise cease to be an employee of V C C prior to taking their sabbatical, the entire amount of their account must be paid over within a period of one year from the date the member ceased to be an employee. Contributions made prior to July 1, 1986, are exempt from this payout imperative.

You should be aware that Revenue Canada Taxation takes the position with respect to such plans that the plan cannot provide for payments to the contributor except under the following conditions:

- (a) Death (to the designated beneficiary)
- (b) Voluntary or involuntary cessation of employment
- (c) For demonstrable financial need
- (d) For sabbatical leave purposes.

For taxation purposes the taxable income shown on the T4 slips of plan members is net of contributions to the plan authorized by the members' Letters of Agreement.

Annual interest earnings on each member's account of contributions are payable through Canada Trust in December of each year and are subject to deductions of income tax. A T4A slip is issued by the investment company and mailed to each member.

## **ENROLMENT**

All present and prospective plan members/contributors who wish to defer a portion of their 1993 income for the purpose of financing a future sabbatical leave must file with the Employee Relations Department, newly completed and signed Letters of Agreement covering the calendar year 1993. **The member's Letter of Agreement must be submitted no later than December 23, 1992** and shall designate for each month of the calendar year 1993 the amounts to be deducted from remuneration for that year. **Plan membership and contributions by payroll deductions for the calendar year 1993 may not be authorized and accommodated after the foregoing deadline, December 23, 1992.**

Contributing members may, under special circumstances with the approval of the Plan Administration Committee, supplement or amend by written agreement their designated contributions

Full details governing the plan are found in the "Plan Rules" in the office of Employee Relations. Please contact this office to obtain the necessary forms (Letters of Agreement) to facilitate your 1993 enrolment. Enrolment forms have been provided, under separate cover, to current plan members.

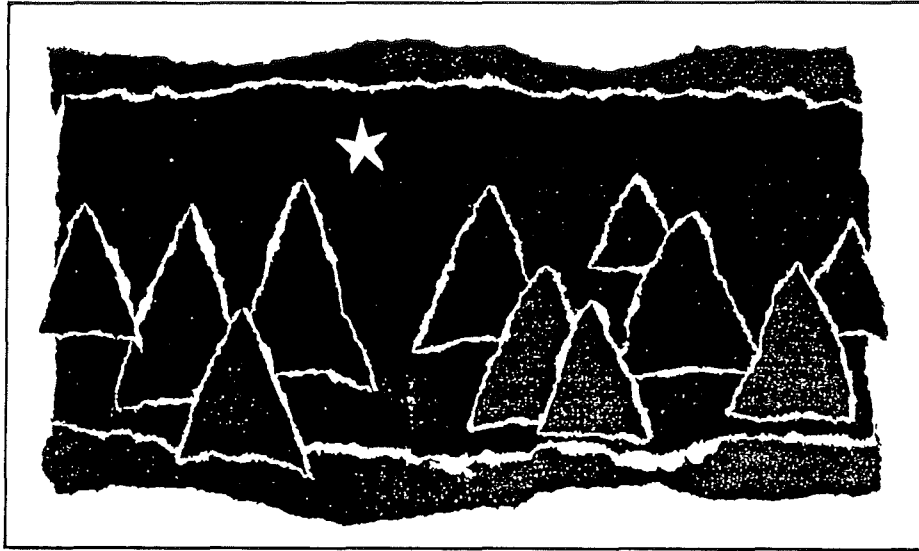
## **PLAN ADMINISTRATION COMMITTEE**

Current members of the Plan Administration Committee are

Mary Wilson	Counselling	City Centre
Gerry Porter	Journalism	Langara
Ted Hougham	BTSD	KEC
Brian Humphrey	Drafting	City Centre
John Vandenaeker	Administration	City Centre

Two Committee positions will be vacated in December, 1992. Please contact any Committee member if you are willing to join the Committee.

*SEASON GREETINGS!*



The Educational Foundation is getting into the greeting card business. VCC's friends can now raise funds for students, each time they buy a package of our non-denominational "*Christmas Cards*". Actually, "Christmas" is not exactly the right word. Keeping in mind the different cultures of the VCC community, the foundation's card is suitable for people of many faiths who extend season's greetings.

If your household or business is sending Hanukkah, Christmas or greeting cards this winter, we will make it easier by eliminating the selection and shopping steps. And, although we can imprint a corporate logo, don't ask us to sign and address them for you!

Profits, along with a dollar-for-dollar match from the provincial government, go directly into the student aid endowment fund at Vancouver Community College.

You can help provide scholarships and bursaries for VCC students by wishing your family and friends season's greetings with the Educational Foundation's cards. A box of 12 cards is \$11.95. To order, call the foundation office at 871-7173/7174.


The cards, also, are available at all Campus's bookstores.

**Veronika Metchie**  
**VCC Foundation**

*Studio 30* cordially invites you to attend

# THE MARRIAGE OF BETTE AND BOO

*an off-the-wall comedy by Christopher Durang*



Directed by  
*Pamela Hawthorn*

Set Design  
*Alison Greene*

Lighting Design  
*Ross Nichol*

Costume Design  
*Nancy Tait*

at  
**Vancouver Community College, Langara Campus**  
100 West 49th Avenue  
from  
**November 20 - December 6**  
Tuesday through Saturday 8 pm, Sundays 2 for 1 at 3 pm & 8 pm  
**R.S.V.P. 324-5227**





cordially invites you to attend

*The Marriage of  
Bette and Boo*  
*a hilarious off-the-wall comedy*

written by CHRISTOPHER DURANG

directed by PAMELA HAWTHORN

*November 18th to December 6th*

**TUESDAY to SATURDAY at 8:00 pm**

**2 for 1 SUNDAYS at 3:00 & 8:00 pm**

STUDIO 58 presents a brilliant and funny dissection of marriage and the family in contemporary America by master satirist Christopher Durang. **The MARRIAGE OF BETTE AND BOO** is both devastatingly perceptive and wildly comic.

Bette and Boo are united in matrimony, surrounded by their beaming families. However, as time passes it becomes increasingly clear that things are not working out as hoped. The birth of their son is followed by a succession of stillborns, Boo takes to drink, and their odd families only add to the disharmony.

As usual, Christopher Durang, takes a potentially tragic situation and discovers both its humanity and wild humor.

**FOR INFORMATION & RESERVATIONS CALL 324-5227**

LOCATED IN THE BASEMENT OF THE MAIN BUILDING  
LANGARA CAMPUS, VANCOUVER COMMUNITY COLLEGE  
100 WEST 49TH AVENUE

## INTERNATIONAL EDUCATION NEWS FOR KEC TIMES, LANGARA 'BY THE WAY' & CITY CENTRE 'CENTRICITY'

### VCC INTERNATIONAL EDUCATION NEWS

#### •Top 5 nationalities this term:

Current (September 1992) Term Enrolment  
Numbers of students by nationality and program are

COUNTRY	ESL	HSC	UT	TOTAL	%
Hong Kong	17	32	99	148	33%
Taiwan	85	10	26	121	28%
Japan	59	4	29	92	21%
Singapore		5	18	23	5%
Malaysia			10	10	2%
Other	18	9	22	49	11%
Total	179	60	204	443	100%

English as a Second Language (ESL) and High School Completion (HSC) are KEC programs; the University Transfer (UT) program is at Langara. There are also 7 students at City Centre this term, studying Secretarial Skills, Hospitality Administration and Jewelry Art & Design.

#### •Carved pumpkins contest at KEC cafeteria

Success of the contest was thanks to many people: Susan Reynolds, Langara Book Store, for donating mugs; Nadine Johnson, Institutional Aide Program, for pumpkin cookies; Chris Donovan, KEC Bookstore, for pens and erasers; Nora Hall, ICL, for food vouchers; Canada Safeway, for 65 pumpkins; Buildings and Grounds Dept. for picking up the pumpkins; Glen Johnston and the Auto Tech crew for guarding the pumpkins; Nora and the Food Services Crew, for the use of the cafeteria; ESL instructors for helping to organize the teachers; the Langara I.E. students, for joining us at KEC; and many thanks to Stephanie Jewell for the Mega Movie coupons and above all for keeping her sanity.

#### •Canucks hockey game against Ottawa Senators at Pacific Coliseum on November 6

Recreation leaders and 50 international students, including 30 from KEC and 20 from Langara Campus's Continuing Education ESL classes will be attending.

•Stephanie Jewell (871-7010) is in the new position of International Education Program Assistant, and is responsible for planning field trips, extra-curricular activities and recreation for KEC international students, in addition to planning the orientation for VCC's new international students. Call Stephanie if your students would like to join in the weekend activities with international students

•Cecily May is Coordinator of International Education and, as such, looks after the operational side of international students coming to study at VCC, in addition to being VCC's representative to the B.C. Centre for International Education, the provincial government body, one of whose functions is to offer the B.C. Asia Pacific Awards to students and scholars

•Jindra Repa has been seconded to Sheridan College, where he is involved in activities related to labour force development at Sheridan College and in the province of Ontario.

#### INDONESIA: Slide Show and Talk

by Trevor Sawkins

1991 VCC Pacific Rim Scholarship Recipient

The VCC Pacific Rim Scholarship is awarded to a student at KEC and at Langara in alternate years. Trevor Sawkins was awarded the 1991 scholarship (KEC) to carry out a self-designed, 8-month project of language and culture studies in Indonesia, which he carried out between October, 1991 and May, 1992. Trevor's project consisted of three phases: studying the language and culture by living with an Indonesian family; more language and culture study through learning the art of Indonesian mask carving; and investigating Canadian development projects in Indonesia.

Bring your lunch, come and find out more:

12:00 noon - 1.30 p.m.

Monday, November 30, 1992

KEC, Room 5025 (5th Floor

Boardroom)

# Call to Action

## WRITE NOW!

### Breast Cancer Action

#### In 1960

- 1 in 20 Canadian women was diagnosed with breast cancer
- 4,000 new cases of breast cancer and 1,700 deaths
- 70% had no known risk factors
- Early detection methods included mammography, physical exam, and BSE (breast self-exam).
- 85% of women discovered their own lumps
- Treatments included surgery, radiation, and chemotherapy

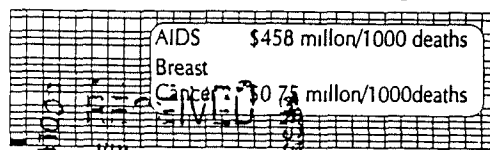
The best treatments failed thousands of women every year and prevention was just a dream

#### In 1992

- 1 in 9 Canadian women will be diagnosed with breast cancer
- 15,000 new cases of breast cancer and 5,000 deaths
- 70% have no known risk factors
- Early detection methods include mammography, physical exam, and BSE (breast self-exam)
- 85% of women discover their own lumps
- Treatments include surgery, radiation, and chemotherapy.

The best treatments fail thousands of women every year and prevention is **still** just a dream

### Breast cancer vs. AIDS funding



In 1992, more than 5,000 Canadian women died of their breast cancer. That same year, 16,000 Canadians died of AIDS and the federal government allocated more than \$33 million in AIDS research.

The overall survival rate for breast cancer has not changed significantly in 30 years. The flawed and too-late detection systems, the lack of progress in treatment and the under-funding for research are all part of the price women have paid for their silence.

#### We will be silent no longer.

The women and men of Breast Cancer Action's "Write Now!" campaign will turn from the personal dimensions of breast cancer to its broad public policy and political dimensions. Our attention will focus initially on a letter-writing campaign in which Canadians will be asked to write to their MPs including a photo of themselves or a woman they care about who is living with or has died of breast cancer.

We want to see a focussed, systematic program with involvement by women who have breast cancer, to rigorously examine breast cancer research, education, early detection and treatment. We will ask for support for the recommendations to be tabled in the House of Commons by the Status of Women Subcommittee hearings on breast cancer with a copy to the Write Now! Campaign.

#### Mail your letter—Right Now!

- Sign the enclosed form letter and send to your MP; or write your own letter and send to your MP,
- Enclose a photograph of you or someone you know who has had breast cancer; (Letters to MPs do not require a stamp)
- Share this information with friends—the more letters the better;
- Send a copy of your letter to the address below so we can present them to the Status of Women Subcommittee for immediate action

Breast Cancer Action  
P.O. Box 4332, Station E  
Ottawa, Ontario  
K1S 5B3

If you need more information about Breast Cancer Action or the Write Now! Campaign. Write to the address above, phone (613) 232-3117 or fax (613) 788-4378

Here is my gift to help Breast Cancer Action educate women and men concerned about breast cancer

\$10 \_\_\_\_\_ \$25 \_\_\_\_\_  
\$50 \_\_\_\_\_ \$100 \_\_\_\_\_  
\$500 \_\_\_\_\_ Other \_\_\_\_\_

In memory of: \_\_\_\_\_

\_\_\_\_\_ Yes, I would like to get involved

\_\_\_\_\_ Please send a charitable donation receipt

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Thank you for your support.  
(Charitable taxation number: 0845784-11)



Breast Cancer Action  
P.O. Box 4332, Station E  
Ottawa, Ontario  
K1S 5B3



Date: \_\_\_\_\_

\_\_\_\_\_, MP  
House of Commons  
Ottawa, Ontario  
K1A 0A6

Dear Ms. or Mr. \_\_\_\_\_:

Every day 40 Canadian women learn they have breast cancer. Every day 12 Canadian women die of breast cancer. This year 5,000 women will die and you can expect the numbers to increase.

Despite early detection, the overall mortality rate for breast cancer has remained unchanged for 30 years. The incident rate has climbed from one in 20 Canadian women in 1960 to one in nine today.

We need new research dollars NOW to find the cause and cure for breast cancer and to improve access to high quality treatment for all women. We ask you to begin now to promote and develop partnerships between health care industries, university researchers, service providers, government agencies and women with breast cancer. I urge you to provide for women living with breast cancer to be involved in policy planning and determination of research priorities.

Show your support by ensuring that the recommendations tabled in the House of Commons by the Status of Women Subcommittee hearings on breast cancer are implemented.

Tell me how you will support my efforts to make breast cancer a national health care priority.

Draw the line at one in nine.

Yours truly,

**Breast Cancer Action**

P.O. Box 4332, Station E,  
Ottawa, Ontario K1S 5B3

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

CC