ENTRICITY



August 22, 1994

FURNITURE DRAW

If any department is interested in the following furniture, please place your name and the item you wish into the draw box that is located at Vickki Montigny's desk in the Administration Department - Receptionist Desk.

- 1 two shelf bookcase
- 1 three shelf bookcase
- 2 brown velvet high back chairs
- 1 low back chair

Names will be drawn on August 29, 1994.

Karon Kolly

CONTINUING EDUCATION FEE WAIVERS

VCC employees who are eligible to receive benefits are also eligible to receive a fee waiver in most courses that CE offers. The Fall 1994 forms are now available from the Wall Rack in the Administration Office.

Parviz Lalji

EXTRA SUPPLIES

In the Administration Supply Room there are 3 ring binders (including 4 Legal size binders), legal hanging folders, and 1 clamp on lamp. If you could use any of these items contact:

> Gabriella Deverrier, Local 8592.

NEW MATERIALS IN LIBRARY

Antipasti: The Little Dishes of Italy; British Columbia Lodge & Resort Guide; Chairing a Committee: a Practical Guide; Collection of the Best Learning Strategies on Vancouver Control 'y Colinge City Centre AUG 2 5 1994 Tibrary 250 West Pender Street Vancouver, B.C. V6B 189

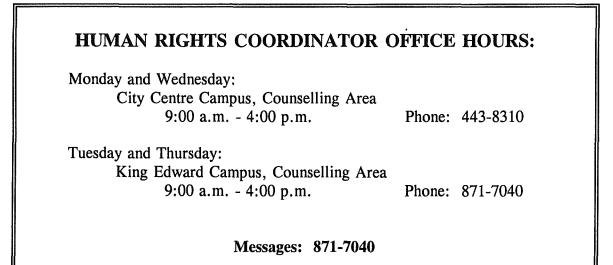
> Earth: Developments and Research on Aging: an International Handbook: Dictionary of American Food and Drink; Expanding Horizons in **Business Education:** Food Service Industry: Career Opportunities for You [video]; From Awareness to Action: Great Trainer's Guide; Kaffe's Classics: 25 Favourite Knitting Patterns...; Laugh Your Way to Better Spoken English; PostScript Colour Process Guide: Process of Composition: Teach! Plain Talk About Teaching: Tourism British in Columbia: Status Report; WHMIS Education and Training **Programs:** Guidelines...

> > Andrew Local 8347

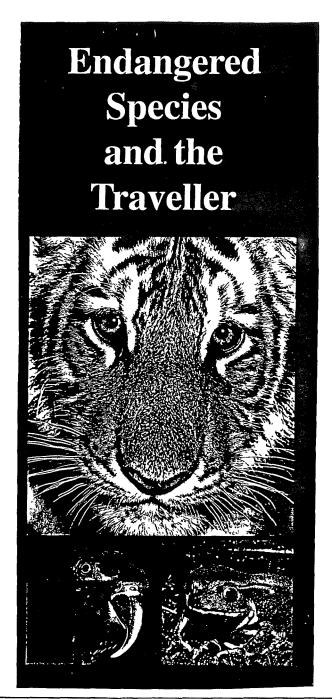
CITY CENTRE

CITY CENTRE

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CENTRICITY DEADLINE
The deadline for the next Centricity is September 6, 1994. The following are the deadline dates to the end of the year:
September 19, 1994 October 03, 1994 October 17, 1994 October 31, 1994 November 14, 1994 November 28, 1994 December 12, 1994
Vickki Montigny for Contricity



ENDANGERED SPECIES AND THE TRAVELLER

Going abroad?avoid contributing to the trade in endangered species.

If you are travelling out of Canada, you may be tempted to purchase wildlife products. Be careful not to purchase items that you cannot legally bring back to Canada.

To help you determine what is safe to bring back into Canada, Environment Canada has kindly provided us with brochures which are being distributed through the mail room. If you need additional information or copies, contact:

Jachie Kinnersely at Local 8521

B.C. Hydro's Fitness Centre

DUNSMUIR 333 Dunsmuir St. 2nd Floor Vancouver B.C. V6B 5R3 Phone: 623-3886

IS NOW OPEN TO VCC EMPLOYEES ONLY!

STRENGTH TRAINING EQUIPMENT

FREE WEIGHTS: adjustable benches, olympic bars, dumbells from 2-90 lbs., and squat racks. MACHINES: including "Gravitron," Lat pull, Hip and Thigh, Bench Press, Upright Row, Seated Row, Leg Extension, Leg Press, Leg Curl, Abdominal, Tricep Press and much more.

CARDIOVASCULAR EQUIPMENT

Lifecycles, Lifesteps, Stairmasters, Treadmills, Rowing Ergometers, and Recumbent Lifecycles.

EXERCISE CLASSES

For all fitness levels and preferences. These include: Slide, Step, Hi/Lo impact, No Jump, Body Sculpting and Progressive Relaxation Classes.

PERSONALIZED EXERCISE PROGRAMS

Only 4 spaces left! Registration deadline is:

August 31, 1994

For more information, call your *Surges* Representative Jackie Sandy 443-8309, Fax # 443-8588

The Business Division Accounting, Computers and **Management Department** invites you to Join us to celebrate at an **OPEN HOUSE** August 31 in the the retirement of Banquet Room George Thom!!!! between 2 and 4pm No Host Bar

