

CENTRICITY

VANCOUVER
COMMUNITY
COLLEGE



CITY CENTRE

NOVEMBER 28, 1994

CARE AND SHARE

City Centre's Care and Share fund (started by George Clark) has been bringing holiday cheer into the lives of needy students at City Centre for the last dozen years. We hope that this year will also be very successful. As you stop at the Second Cup or pass by the Library, you will see volunteer staff/Faculty selling stationary and raffle tickets. All proceeds go to the Care and Share Bursary fund. During this festive season, please consider contributing generously to help needy students and their children. Be sure to join in other "Care and Share" activities such as the December 15th singing and action and the lasagna lunch!

Terrific prizes (a list will be available soon) are being contributed by our Hospitality Division and other Departments. Jackie Sandy and the Care and Share Committee would also be pleased to give books of raffle tickets to anyone willing to help sell them. It

is important to look after the people who mean the most to us right here in our College community - our students.

Jackie Sandy

HOLIDAY STATIONERY

Beautiful Holiday Stationery printed by our Printing Production Department will be on sale in the lobby, by "Second Cup", from November 23, 1994 to December 14, 1994

Susan Goun

SELF DEFENCE WORKSHOP

December 7, 1994

12:00 NOON - 3:00 p.m.

City Centre Room 100

(in the Counselling Area)

All female students and employees are invited to attend. Learn how to get away safely, learn how your fears can help you; learn what to say and what not to say and do; learn last resort disabling moves.

Limited to 15 women

For Reservations call
871-7040
ASAP

Please tell me your name, phone number or local, and if you are a student or employee.

Co-Sponsored by VCC Human Rights Coordinator, Health and Safety Coordinator, KESA-Women's Centre and CCSA.

Janice Hansen

GINGERBREAD MAKING

December 10/94

10:30 p.m. - 12:00 Noon

Room 213

1 Gingerbread House per family.

\$20.00 includes Gingerbread House, lunch and gift from Santa. Tickets limited to the first 30 Staff Members (1 ticket per family) Contact:

Vicki Montigny

443-8589

CITY CENTRE

PINE/INTERNET SESSION

December 8, 1994
Thursday
1:00 - 3:00 p.m.
I.M.S. STUDIO

If you wish to attend this session, please contact **Christie Wagner** at **Local 8 3 6 8** or email cwagner@vcc.bc.ca. Seating is limited.

Refer to "Electronic Mail & Internet Services on pages following.

Christie Wagner

FIRST IMPRESSIONS ARE IMPORTANT

We believe that. We are front line people, and we are often the first campus contact for someone thinking of enrolling here. When they contact us, our goal is to make them feel welcome and to demonstrate organized competence. And when we're successful, it works - it creates that positive first impression.

From our vantage point at the Pender Street entrance we also see when it doesn't work. When someone arrives for a course, for an interview, for a test, and doesn't know which room to go to, or doesn't know how to find the room, and doesn't know how to find out, that

person can get a poor first impression of this campus.

Although the Counselling and Advising Centre does not operate a reception service for the campus, we are usually turned to for help because we're right there by the entrance. We do what we can in these situations; we attempt to provide answers and direction. However, it would make things much easier for us if we could quickly direct the enquirer to the information he or she needs.

At the Pender Street entrance there is a map and a weekly list of events with their room locations. Please use it to announce the location of your "event". If you put up separate notices, please date them. Notices with no date will be removed because they eventually become a confusing clutter of outdated information.

We appreciate your cooperation in creating a positive first impression for this campus, and in giving the best service we can at the front end.

Counselling and Advising Centre

CITY CENTRE PROGRAM BROCHURES

Recently the Counselling and Advising Centre asked each department to take a look at its program brochures currently in use. Brochures

are one of the major ways in which information on City Centre programs gets out to prospective students, so we aim to ensure that each brochure is correct, up-to-date, and effective. Many of you used this opportunity to improve or correct your brochures. Thanks for responding promptly. If we didn't hear back from you we will assume that you reviewed your program brochures and decided they were O.K. Thanks for the cooperation.

Counselling and Advising Centre

OPEN HOUSE UPDATE

As you know, Open House is planned for Thursday, April 6, 1995. A memo went out in September with most of the details to date, but it appears that many people did not see the memo. So, forgive the repetition, if you have seen some of this information before.

1995 marks the anniversary of VCC's 30 years of service to the community. Open House affords an opportunity to celebrate this achievement. We will be using as our main theme the slogan we have used successfully before -
**EDUCATION
FOR THE
REAL WORLD.**

Both campuses will be wide open to our VCC community and to the general public. All areas of the College will

be involved and everyone is encouraged to participate. For students and employees this will be considered a regular school day on which alternate learning activities will be scheduled. Regular attendance by all is expected. Proposed learning activities for the day should be discussed with Deans and Associate Deans.

The Open House Steering group has met several times and plans are coming together. There are six subcommittees who meet and report back to the Steering Group. Many of you responded to our request for volunteers on these subcommittees, but in case there are others who are interested, I have listed the subcommittees and their contacts below:

Tours/Security/Access

Larry Waddell

Local 7130

Publicity/Posters/Videos

Sarah Lucas

Local 7158

Photos/Handout Package

??????????

Food

Steve Stafford

Local 8396

Activities/Events

Moir Macleod

Local 7024

Decorations/Signage

Tricia Hughes

Local 8599

Invitations/Alumni Liaison

Gail Rochester

Local 7057

The next two months will

whiz by, so we really want to have plans well under way before the New Year. We will keep you apprised of developments, but we would like to ask you to give thought to how you would like to present your area or how you would like to participate in the day.

Sarah Lucas

WHOLESALE WAREHOUSE SHOPPING

VCC Employees are eligible for membership at **PRICE COSTCO** wholesale warehouses. If you are interested, please pick up an application form from the Reception Desk in Administration or call Doug Nahirney at 435-6695.

Karen Kelly

CONGRATULATIONS GRAND SALON CULINAIRE '94

Congratulations are in order to all the Culinary Arts and Baking and Pastry Arts students who participated in the B.C. Chefs' Association Grand Salon Culinaire '94 held on Sunday, October 23, 1994 at the Delta Pacific Resort and Conference Centre in Richmond. The Culinary Competition included one hundred (100) entries from all over British Columbia entered in the following categories: High School, College and Apprentice, Professional and

International Professional.

In total eleven (11) medals and one (1) Certificate of Participation were awarded to our hard-working students in the College and Apprentice category and two (2) medals to one Culinary Arts Instructor in the Professional category.

Here are the winners:
Students and Apprentice Category:

CULINARY ARTS:

Derek Wong & Bernice Da Rosa/ Menu Gastronomique, Bronze Medals;

Mike Stone & Andy Chong / Buffet Platter, Gold Medals;

Bill Yardley\Individual Plates, Silver Medal;

Winnie Lam\Individual Plates, Bronze Medal;

Veronica Maud & Ian Reynolds\ Restaurant Platter, Certificate;

Allyson Price & Larry Smith \Hors d'oeuvres, Bronze Medals.

BAKING AND PASTRY ARTS:

Debra Thomas & Farhad Mossovati\Wedding Cake, Gold Medals;

Anthony Ewing, Hilary White & Kurc Regan\ Bread, Silver Medals.

PROFESSIONAL CATEGORY:

Glen O'Flaherty\Dessert, Bronze Medal;

(Culinary Arts Instructor)\ Showpiece, Bronze Medal.

Thanks must also be extended

to all the faculty who willingly donated their time and expertise to coach these worthwhile student efforts. Those included from Culinary Arts: Settimio Sicoli, Acting Department Head, Instructors: James Hutton, Harold Bonkowki, Keiju Yanagawa, Bob Feist, Glen O'Flaherty and Wayne Baxter and from Baking and Pastry Arts: George Rudolph, Department Head, Wilhelm Liesch, Luzia Zemp, and Elizabeth Ko.

Again, thank you for your exemplary efforts which have made V.C.C City Centre proud!

Settimio Sicoli

SEEKING!

Mailroom at City Centre is in need of **INTEROFFICE ENVELOPES**. Please send to Gabriella Deverrier.

City Centre Supply Room has an excess of **BINDERS** available - first come first served. Contact:

Gabriella Deverrier
443-8592

AUTOMOTIVE DEPARTMENT

VCC Automotive Department (KEC Campus) is currently accepting requests for mechanical repairs to vehicles 1984 or newer. We need Brake, Transmission and Tune-up, starters, alternators, etc. Repair requests will be

filled as openings become available. We work on vehicles from faculty, staff, students, and/or general public. There is no labour charge on work done in our shop.

Please leave a message with Cecilia at 7426.

Automotive Department

CENTRICITY DEADLINE

December 12, 1994

Vickie Montigny

WANTED

What?

One Motorcycle Trailer

By Whom?

The VCC Educational Foundation

Why?

The Foundation is launching a new lottery for a 1995 Honda Gold Wing Motorcycle - 20th Anniversary Edition!

The bike will be displayed in malls throughout the Lower Mainland. The Foundation requires a motorcycle trailer to move it from location to location.

Do you know of anyone who can help us out? If yes, and for more information about the lottery, call

Jane Westheuser
871-7237

FOR SALE

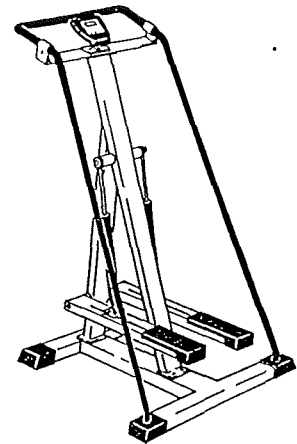
Fold Apart Couch or could be used as 2 chairs \$100.00 or offers.

60" round table white arborite \$50.00 Contact

Lorna Brown
443-8506

STEP CLIMBER-LOW IMPACT

Healthware Model 5.0



Fluid, smooth hydraulic cylinders can be adjusted to any tension.

Computer Functions:

- *Sets Stride
- *Has Timer
- *Has Speedometer
- *Measures Distance
- *Pace Monitor
- *Measures Calories Burned
- *Measures Pulse Rate

Hardly ever used Cost New \$300.00 plus taxes
NOW \$150.00

Contact. *Les or Joy*
443-8530 or 272-1335

Remember...

1994-1995

Anthony Colgan

Nathalie Cloutier

Barbara Daigneault

Amie-Maria Ellward

Maureen Harnick

Barbara Mackenzie

1995-1996

1996-1997

1997-1998

1998-1999

1999-2000

December 6, 1994

National Day of Remembrance and Action on the Issue of Violence Against Women

Memorial and Displays Main Mall, City Centre Campus, VCC

Please join us and take the time to Remember

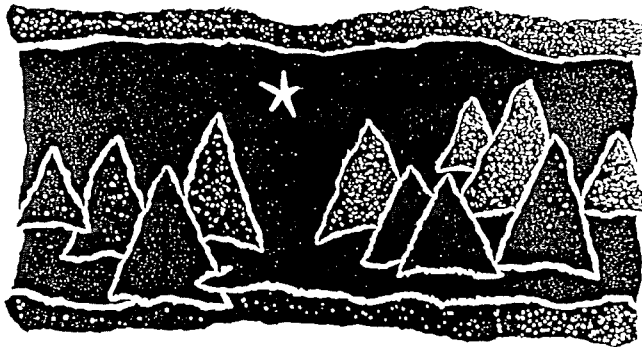
Season's Greeting Cards

When you send your greetings with VCC Alumni Association cards you help a Vancouver Community College student at the same time. Every penny of each sale goes into an endowment fund to provide financial aid to a deserving student.

There are two designs, each designed by one of VCC's own Continuing Education instructors.

Packages of 12 cards and envelopes are \$9.95.

Greeting reads: Wishing you a wonderful holiday season.



Starry Night



Tree of Life

VCC ALUMNI ASSOCIATION SEASON GREETING CARDS

Order place by: _____ Phone: _____

Address: _____

Card design

Tree of Life: # packages: _____

Starry Night: # packages: _____

Total order: _____ @ \$9.95/package of 12 cards \$ _____

For more information or to place an order please call Veronika Metchie 871-7173

Please make cheques payable to: VCC Alumni Association
1155 East Broadway, PO Box 24700, Station F, Vancouver, BC V5N 5V1

*** Also available through the KEC and City Centre Bookstores ***

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City Centre

Electronic Mail & Internet Services

The Information and Computing Services department at V.C.C. now provides electronic mail and Internet services for faculty and staff members. These services may be accessed by existing terminal users, and for new users via dial-up modems.

Dial-up Access

Access to these services at City Centre is provided through two telephone numbers, one for on-campus use (8900) and the other for external access (681-8655). There are currently two modems attached to each of these lines. These are U.S. Robotics Sportster 14,400 Bps modems. Your communications software should be set to 8 data bits, 1 stop bit and no parity. We suggest using vt100 terminal emulation.

*** Please try to keep your connect time to a minimum during peak hours (8.00 - 16.30). There are many people sharing these dial-up lines.

E-Mail

Applications for a user ID and e-mail address are available from the I.C.S. department. The electronic mail program we are providing on our system is called "pine". It is an easy to use, menu driven program, developed by the University of Washington. An instruction booklet is available from the I.C.S. department.

File Transfer

Files may be transferred to and from your Unix account and your PC using the kermi, xmodem or zmodem file transfer protocols. Disk space is LIMITED on the Unix computer, **please** keep the size of your Unix account to a **minimum**.

Internet

The Internet (or "Infobahn") is now available to our faculty and staff members ! There is a wealth of information out there, and here are the tools we currently provide to access it:

Archie

Archie (archive searcher), developed in Canada by McGill University, is a command line utility used to search archives of data by file name which can be retrieved using ftp.

Ftp

Ftp (file transfer protocol) is a utility used to transfer files between computer systems on the Internet. Ftp can be used to retrieve such resources as public domain and shareware software (be careful of VIRUSES), documents, image files and sound files

Gopher

Gopher is a utility that provides a menu based view of Internet resources, guiding you to a variety of locations on the Internet and permitting you to view or retrieve documents or files.

Hytelnet

Is designed to assist users in reaching all of the Internet-accessible libraries, Free-nets, CWISs, BBSs, & other information sites by telnet. It uses a hypertext style interface and provides login and other information about these sites.

Lynx

Lynx is a character based interface to the World Wide Web. Information within the WWW is cross-linked to other information sources using what is called Hypertext technology. Highlighted words or phrases in a Hypertext document "point" to other documents on the same computer system, or anywhere around the globe.

Telnet

Telnet provides you with the capability to connect to and run programs on other computers connected to the Internet. There are many locations on the internet that you can connect to, and use without charge.

Education

There are many books available which will help you access the Internet. We strongly recommend purchasing one for yourself or your department if you are considering using the Internet for the first time. If sufficient interest is indicated, I.C.S. will run workshops on using E-Mail and the Internet, and the tools used to access it. To register your interest in courses please contact Christie Wagner (8368).



MEADOW LAKE TRIBAL COUNCIL

HEALTH & SOCIAL DEVELOPMENT PROGRAM

BACKGROUND:

The Meadow Lake First Nations are now into the third year of Health Transfer. The Health team is guided by the Meadow Lake First Nations Health Development Plan and individual First Nation Health Directional Plans.

We are implementing a health care system that is PREVENTIVE, HOLISTIC, INTEGRATED and COMMUNITY BASED. Successful applicants will have the opportunity to review existing health and social development programs and participate in developing strategies that focus on meeting community needs and provide for integrated program delivery. The individuals contracted will be encouraged to work as members of the Health and Social Development teams.

As part of meeting these goals we INVITE APPLICANTS for the following challenging and exciting full-time term positions (up to 3 years):

INSTRUCTORS/FACILITATORS:

Who have the ability to deliver all of the following 12 courses, utilizing a generative curriculum model. Completion of these courses will result in students achieving a University Extensions Certificate in Community Counselling, and will enhance and enable Community Human Resource Teams, front-line workers, and community members to more effectively provide and deliver holistic counselling services within the community.

AE19 AE20	Essentials of writing and research Interpersonal Communication	SW 390	Communication skills in Social Work Practice
ED Psych 382	Introduction to Counselling	ED PSYCH 384	Development & maintenance of self help groups.
SW 200	Introduction to Social Work	SW 414	Children's Services
SW 421	Human Growth & Development	SW 437	Social work with families
INST 100	Introduction to Indian Studies	SW 411	Social Work with Victims of Abuse
INHST 100	Introduction to Indian Health Studies	HJ 332	Justice and Indigenous Peoples.

Location: Courses will be taught on location in all nine (9) of the Meadow Lake First Nations Communities, with co-facilitators and instructor - helpers available from the MLFN's and MLTC Health and Social Development Staff.

Qualifications: Instructors must meet the minimum requirements of the University Faculties involved, in particular the Department of Indian Social Work, Saskatchewan Indian Federated College. A Master's Degree, MED or MSW, with extensive experience providing education and training to First Nations individuals and/or communities is expected and preferred.

Time Frame: We hope to provide four (4) courses each year for three (3) years beginning January, 1995.

Salary Range: \$40,000 - \$50,000 per year contract plus all directly related expenses.

Closing Date for Applicants: October 31, 1994.(Maybe extended to Nov. 30, 1994)

Please send a comprehensive resume directly to: Rebecca Elder, Director
Health & Social Development
Meadow Lake Tribal Council
#313 - 1st Street East
MEADOW LAKE, Sask. S9X 1E7
Phone: (306)236-5817
Fax: (306)236-6485

COMMUNITY



TRAINING

MLTC Health & Social Development Announcement

The following 12 University courses will be delivered in all 9 of the MLFN's communities beginning in **January of 1995**. Successful completion of all 12 courses will result in a **CERTIFICATE OF COMMUNITY COUNSELLING (SIFC UNIVERSITY EXTENSIONS)**

Year 1		Year 2		Year 3	
AE 19 & AE 20	Essentials of Writing and Research Interpersonal Communication	Inst 100	Introduction to Indian Studies	Social Work 414	Children's Services
Ed Psych 382	Introduction to Counselling	Indian Health Studies 100	Introduction to Indian Health Studies	Social Work 437	Social Work in Families
Social Work 200	Introduction to Social Work	Social Work 390	Communications Skills in Social Work Practice	Social Work 411	Social Work of Victims of Abuse
Social Work 421	Human Growth and Development	Ed Psych 384	Development and Maintenance of Self- Help Groups	Human Justice 332	Justice and Indigenous Peoples

Delivery: 4 days each month (every community
10 months each year (July & August off)
over 3 years (January 1995 - December 1997)

COURSES OPEN TO ALL COMMUNITY MEMBERS AS PARTICIPANTS (PARTICIPANTS WILL RECEIVE MLTC RECOGNITION CERTIFICATES)

COMMUNITY MEMBERS TAKING THESE COURSE TOWARD UNIVERSITY CERTIFICATE AND/OR FOR UNIVERSITY CREDITS MUST FORMALLY REGISTER BY COMPLETING MLTC & UNIVERSITY ADMISSIONS & COURSE REGISTRATION FORMS AND DEMONSTRATE GOOD READING AND WRITING SKILLS.

ELDERS WARMLY INVITED TO PARTICIPATE IN THIS TRAINING (YOUR SUPPORT AND HELP AS VOLUNTEER CO-FACILITATORS IS GREATLY APPRECIATED.)

Registration dates are now being set with all communities.

MLTC Registration Deadline November 10, 1994

Community Contacts:

Community	Contact		If you missed your community registration day please contact:
Birch Narrows:	Rose Desjardin	894-2112	Your Health & Social Dev. Coordinator and Joanna McKay-Rensberry MLTC Health & Social Development (306) 236-5817
Buffalo River:	Marie Moberly	282-2033	
Canoe Lake:	Norman Opekokew	829-2140	
Clearwater River:	Toni Lemaigre	822-2021	
English River:	Evon McIntyre	396-2072	
Flying Dust:	Cindy Nault	236-3202	
Island Lake:	Lisa Crookedneck	837-2265	
Makwa Sahgaiehcan:	Jenny Ben	837-2208	
Waterhen Lake:	Margaret Larocque	236-3258	