# KIRGEAMARA THACS

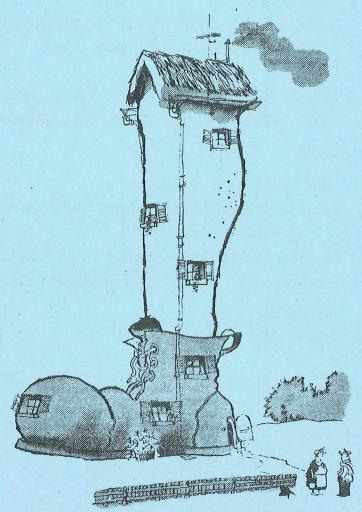
VOLUME IV, No. 31 November 4, 1977

#### 1) COLLEGE COUNCIL MEETING

The next regular meeting of College Council is scheduled for Wednesday, November 9th at 7:00 p.m. The meeting will be held in the Council chambers on the 6th floor at the Regional Offices.

H.E.P.

AT LAST!



NEW CAMPUS!

(See last page for other ideas)

"We got a grant from the government.

TCC

King Edward Campus

KING EDWARD DAY

(Tentative Plan)

November 18

HOTEL VANCOUVER

WADDINGTON ROOM

2)	9:00 a.m.	Coffee
	9:15	H.E. Pankratz - Welcome and Opening Address;
	. E ( 10 )	"Reflections on Four Months Stewardship at K.E.C."
	9:30	Dr. Milton McClaren, S.F.U.;
		"The Part-Time Student - Is It His Last Chance?"
	10:30	Coffee
	10:45	Dr. Milsum;
		"Health Hazard Appraisal"
		Meet Your Health Team
	12:00 Noon	Luncheon
		Speaker: Dr. Grant Fisler, Principal Camosun College
		"Camosun College's Institution Audit"
	1:30 p.m.	Dr. D. Mizokawa, University of Washington;
	,	"The Oriental Student in the North American Environment"
	2:30	Coffee
	2:45	Our Support Services:
		1) King Edward Campus Support Services at Work;
		(A Slide Presentation)
		2) What's New Inside the K.E.C. Counselling Department
		3) Tom Kelly, C.E.S "Working with Stress"
	4:00	Round Up
	4:15 - 6:00	HAPPY HOUR - No Host Bar

Part-time instructors; please inform your co-ordinator or department head, by November 10th;

- a) if you will be attending
- b) if you will be wanting lunch.

#### 3) KING EDWARD DAY

On November 18th, Dr. John Milsum, professor and director of the Division of Health Systems at U.B.C., will be presenting the Health Hazard Appraisal.

H.H.A. is a computerized analysis of your lifestyle in relation to health risks you take and profitable health habits you have, and makes prescriptions for ways you can reduce your health risks and live a healthier lifestyle. This analysis is similar to the one given at the Y.M.C.A. downtown Vancouver; but you have the opportunity of having a personal H.H.A. done for you by Dr. Milsum for a fee of only \$1.00!

The questionnaire for the H.H.A. is attached to this edition of the King Edward Times (see next page). If you would like Dr. Milsum's H.H.A. done for you, please fill in the attached questionnaire and put it in a <u>sealed</u> envelope; then, along with \$1.00, give it to Mr. Cunningham, Dean of Instruction. Rita Katzel will send the forms to Dr. Milsum, who will process them and return them to you on November 18th. Referrals for Lifestyle Programs can also be made at a later date with either Dr. Milsum, Mary Hardy or Rita Katzel, if you so desire.

Dr. Milsum requests all H.H.A. forms be sent to him by November 9th. Therefore, we request you to TURN IN YOUR SEALED QUESTIONNAIRE WITH \$1.00 TO MR. CUNNINGHAM BY TUESDAY, NOVEMBER 8th. Thank you.

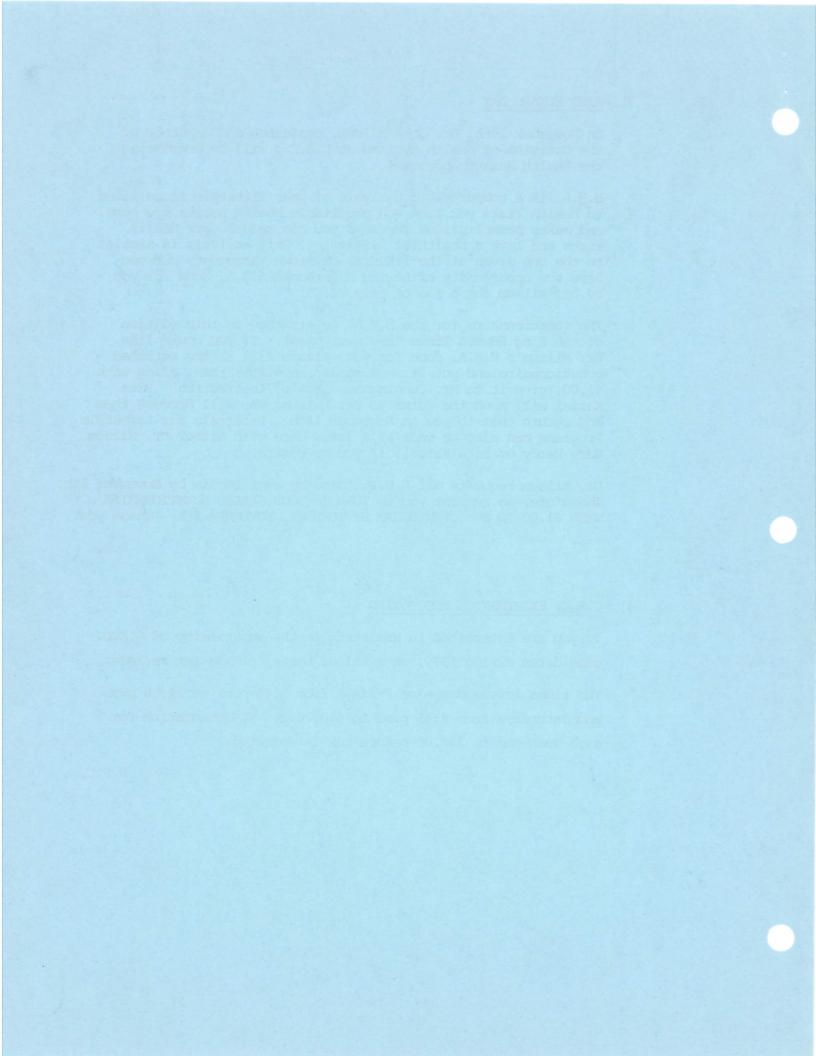
R.K.

#### 4) G.E.D. EXAMINATION PROCTORING

If you are interested in assisting in the supervising of G.E.D. candidates during 1978, on a relief basis, please let me know.

The times involved are on Fridays from 5:45 p.m. to 11:30 p.m. and Saturdays from 9:45 p.m. to 6:00 p.m. The honorarium for each week-end is \$90.00 before tax is deducted.

R.F.C.





HEALTH HAZARD Appraisal

NAME   1			
	Family	Given	Initial
ADDRESS	-		

Processed by: Division of Health Systems Health Sciences Centre Univ. of BC, Vancouver V6T 1W5 228-5776

PLEASE RECORD THE MOST APPROPRIATE RESPONSE BY WRITING THE CODE NUMBER IN THE COLUMN ON THE RIGHT HAND SIDE OF THE PAGE

HYGEIA PARTICIPANTES	J. or			
TO BE COMPLETED BY ALL PARTICIPANTS:	W 01			
SEX	(1) male (2) female			
AGE	(in years)			
HEIGHT — without shoes	Ft. Ins			
WEIGHT — IN POUNDS - naked				
FRAME	(1) small (2) medium (3) large			
ALCOHOL HABITS (Drinks per week, on average. Include apertifs, wine, beer, etc.)	(1) 41 or more (2) 25-40 (3) 7-24 (4) 3-6 (5) 1-2 (6) stopped (7) never drank			
USE OF DRUGS THAT MAY INFLUENCE DRIVING	(1) excess (2) moderate (3) nune			
SERIOUS DEPRESSION recent, non-menstrual, e.g., disabling	(1) often (2) seldom or never			
URBINT SMOKING HABITS GR HEAVIEST AMOUNT MOKED IN LAST 5 YEARS (FOR EX-SMOKER, MARK EAVIEST AMOUNT SMOKED IN YEAR BEFORE QUIT- ING, EXCEPT AFTER 10 YRS OR MORE NON- MOKING).  If cigarettes and pipes/cigars, mark only ode for cigarettes)	(PACKS/DAY) (2) 1 - 2 (4) 1 or less (6) 4 or less not_inhaled (7) do not_smoke (or have stopped for more than 10 years)			
STOPPED SMOKING Mark number of years stopped (Mar non-smoker, or stopped for more tha	k O if still smoking, or *If stopped less n 10 years). than 1 year mark 1.			
MILES DRIVEN PER YEAR (as driver and/or passeng (In thousands of miles)	er in private motor vehicle)			
SEAT BELT USAGE (percentage of time)	(1) 10% or less (2) 10-24% (3) 25-74% (4) 75-100%			
CRIME RECORD	(1) crimes involving possible injury possible injury possible injury involved			
WEAPONS CARRIED	(1) yes (2) none			
(1) not much (SEDENTARY) (2) some (LOW MODERATE) (3) fairly active (HIGH MODERATE) under 5 flights of stairs or or or less than 1/2 mile of walking 1/2-11/2 miles of walking 1/2 miles of walking (4) very active (VIGOROUS) greater than fairly active 15-20 flights of stairs or 11/2 miles of walking				
SERIOUS PNEUMONIA (Bacterial)	(1) have had (2) never had			
HEART ATTACK PARENTS DIED OF HEART ATTACK BEFORE AGE 60 (1) both parents (2) one parent	(of other causes), or (4)			
FAMILY HISTORY OF SUICIDE (blood relative)	(1) yes (2) no			
FAMILY HISTORY OF DIABETES (blood relative)	(1) yes (2) no			
DO YOU HAVE DIABETES?	(1) yes - no treatment (2) yes -under treatment (3) do not have			
RECTAL DISORDERS (history of disease other than piles/hemorrhoids)	growth; (1) yes (2) no bleeding: (1) yes (2) no			

#### HEALTH HAZARD APPRAISAL

TO BE COMPLETED BY FEMALES ONLY: RECORD ALL ANSWERS IN THIS COLUMN	W/Bla
SOCIAL-ECONOMIC STATUS	
JEWISH (Less risk of cervical cancer) (11 no 2 yes (if both parents Jewish)	
AGE OF STARTING INTERCOUNTS	
PAPSMEAR (1) have not had (2) 1 neg. in 5 yrs. (3) 1 neg. in 1 yr. (4) 3 neg.in 5 yrs. or annual	
ABNORMAL VAGINAL BLEEDING IN LAST YEAR (1) yes (2) No (note: not normal menstruation)	
(1) Mother or sister had breast cancer. No self exam.  (2) Mother or sister had breast cancer but patient examines breasts regularly & has periodic examinations by physician.  (3) Neither mother or sister had breast cancer. No self exam.  (4) Neither mother or sister had breast cancer but patient examines breasts regularly & has periodic examination.	

TO BE COMPLETED BY PARTICIPANT, OR BY PHYSICIAN/NURSE:

	N . "
ANCE TO ALL DOD DODGCCUPS *	
SYSTOLIC BLOOD PRESSURE *	
DIASTOLIC BLOOD PRESSURE*  Give level	
CHOLESTEROL LEVEL * (1) 280 mg% or over (3) 219 mg% Give level (2) 220-279 mg% or less 1f known	L_
RECORD OF EMPHYSEMA OR BRONCHITIS (1) Yes (2) No	L
(1) Had for 10 years (2) less than 10 years  ULCERATIVE COLITIS (3) do not have	
CHRONIC RHEUMATIC HEART DISEASE  (2) murmur/treatment (4) history/no murmur/treatment	
(1) murmur/no treatment (3) history/no murmur/or treatment (5) no history/no murmur	
CHRONIC RHEUMATIC HEART DISEASE (SIGNS OR SYMPTOMS) (1) No "(2) yes	

\*LEAVE BLANK IF UNKNOWN. ANALYSIS WILL BE PERFORMED BY ASSUMING NORMAL VALUES.

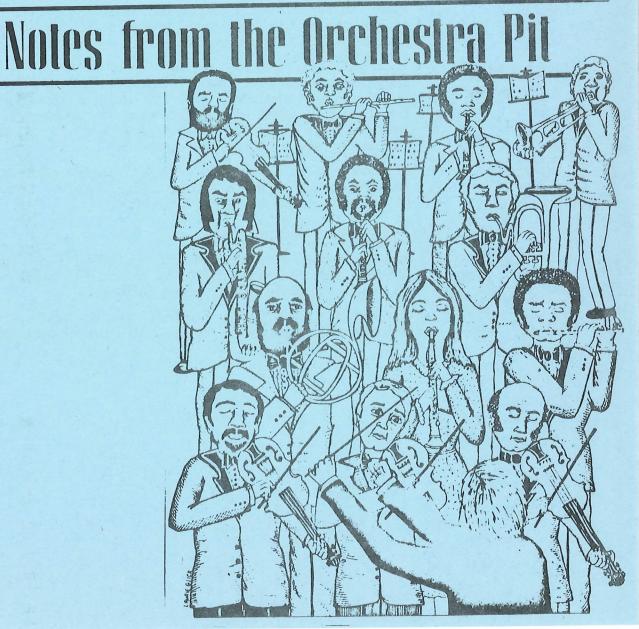
DATE	QUESTIONNAIRE	COMPLETED:	
------	---------------	------------	--

#### 6) A.C.C.C. CONVENTION

I shall be leaving for the A.C.C.C. Convention in Edmonton today (Friday) and anticipate being absent until Wednesday morning (the 9th). While I'm away, J. D. Brown will serve in my stead.

H.E.P.

7) SEE NEXT PAGE FOR "MUSICAL MOMENTS"



#### 8) MUSICAL NOTES!

#### CHRISTMAS DANCE!!

Once again, the Music Department is sponsoring a Christmas Dance for all V.C.C. Faculty, Staff and their friends.

The Dance this year will take place in the Lions Gate Legion Auditorium at 2611 4th Avenue on December 16.

Admission is by advance ticket; \$9.00 per couple - \$5.00 single. There will be a cold-plate meal, supplied by one of Vancouver's finest delicatessens. (Not Joe's Diner).

Tickets are available at KEC through Rosemary Meyer, or Hilary Slatter. Please get them early so we know how many people will be there to enjoy the fun.

#### FRIDAY EVENING RECITAL SERIES:

The Music Department recital series continues this Friday with a guest artist performance. Featured will be Peter Hannan and Arlie Thompson, performing an evening of Baroque Music on recorder, harpsichord, and piano. Admission is \$2.00 for adults - \$1.00 for students and senior citizens.

There will be no performance next week due to the Remembrance Day holiday, but will continue through to the 9th of December with performances by several V.C.C. Advanced Performance students. There will be no admission charge for any of these performances.

All concerts will begin at 8:00 p.m. in the Main Theatre of Langara or on the fifth floor of the Library. Notice will be served in advance as to which area.

#### MUSIC DEPARTMENT FACULTY NEWS:

Faculty member Alex Pauk recently dined with the Queen in Ottawa. Mr. Pauk was invited to attend the Royal reception, as one of Canada's finest young composers.

Jon Washburn is off on a two-week tour of Canada with the Vancouver Chamber Choir, as musical director and conductor.

BACK!! ITS Jethree 7'5/13 DEPARTMENT THE V. C.C. 11516 1-RESENTS THE CHRISTMAS DANCE DO FERTURING THE PRINTASTIL V. D FANTASTIL V.C.C. STAGE BAND ALL COLLEGE FACULTY, STAFF, & FRIENDS 8:00 PM - 1:00 A.M. DEC. 16: FRIDAY, CATERED DINNER \$ 9.00 COUPLE ADMISSION: - INCLUDES 5.00 SINGLE 2611 W. 4TH AVE. TICKETS: BAR: 75 EACH 1. SniTK 3 FOR \$2.00 324-5265

#### 10) BERNADETTE JOHNSON

Mrs. Bernadette Johnson, a long-time faculty member in the English Language Training Department and currently on leave of absence, has tendered her resignation as an instructor in order to devote more time to her "other love - painting."

In her letter, Mrs. Johnson speaks warmly of the good memories she takes with her of her students and her colleagues, also expressing appreciation for help and support given her and her students by the clerical and library staff.

Her friends here at K.E.C. will join me, I'm sure, in wishing Mrs. Johnson well in her new pursuits.

H.E.P.

#### 11) K.E.C. INTERNATIONAL CLUB

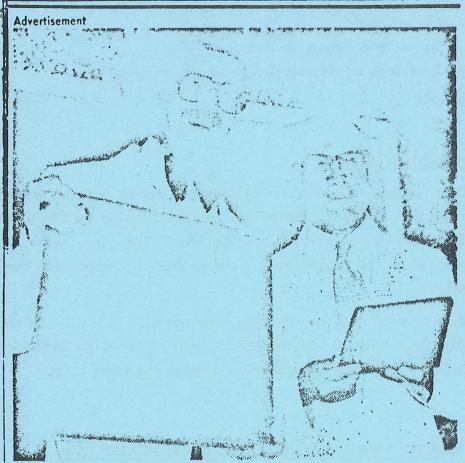
The first ethnic night that the K.E.C. International Club is offering is China Night. China Night will take place on November 9, 1977 in Room 117 from 6:00 p.m. to 9:00 p.m. There will be a display of Chinese dances, music, books, art and food.

It will be free to all members of the International Club and to non-members, there will be a charge of 50¢.

L.B.

# METRIC STANDARDS FOR INCONSEQUENTIAL TRIVIA

10-15 bismol = 1 pepto-bismol 10-12 boos = 1 picoboo 1 boo2 = 1 boo boo 10-18 boys = 1 attoboy 1012 bulls = 1 terabull 101 cards = 1 decacards = 1 nanogoat 10 9 gonts 2 gories = 1 paregoric 10 3ink machines = 1 millink machine 109los = 1 gigalo 10-1 mate = 1 decimate 10-2mental = 1 centimental 10-2 pedes = 1 centipede 108phones = 1 megaphone 10-6 phones = 1 microphone 1012 pins = 1 terapin From The NBS Standard 15 (1 January.



Ben Gant, right, receiving an award from Jim Swanson, president of the B.C. Pharmacists' Society for his contribution in the field. This is the first time in the history of pharmacy in B.C. that the award was presented, so Mr. Gant is the first to receive it.

#### PHARMACIST OF THE YEAR

# Society honors Ben Gant

Ben Gant, Vancouver pharmacist presently operating Gant's United Pharmacy on the corner of Kingsway & Earles Road, Vancouver, has been chosen "Pharmacist of the Year" by B.C. Pharmacists' Society.

This is the first time in the history of the profession of pharmacy in B.C. that such recognition has been given.

Mr. Gant has an impressive list of contributions and activities that led to him being chosen for the honor.

#### **FIVE YEARS**

He served on the B.C. Pharmaceutical Council for five years, introducing and putting into practice the concept of Professional Fee for Service.

He served on the Canadian Pharmaceutical Association Council and acted as secretary for the B.C. delegation while doing so. He also took a very active part in the special committee on the fee for service concept and contributed to the acceptance of it on the national level.

He was the first pharmacist west of

Winnipeg to adopt and put into practice the Drug Record Profile System, which he introduced to the B.C. Association and initiated its acceptance.

Mr. Gunt has contributed a great deal of his time teaching and expounding at UBC and continuing education seminars.

#### UPDATES INDEX

He is the author and publisher of the Drug Interaction Index, which he updates, with supplements twice a year.

He has spoken at various continuing education sessions and seminars and to many social service and community organizations.

He wrote the first curriculum and instigated the first Pharmacy Association program in B.C., and he is still serving his profession as a professional clinical instructor in pharmacy.

Throughout all his career as a pharmacist, he has by word and action endeavored to promote the professional function and need of the community pharmacist.

#### 12) VACANCIES

Please note two positions currently available at Northern Lights College:

Bursar and Executive Secretary
See postings on faculty bulletin for particulars.

H.E.P.

#### 13) OF SPECIAL INTEREST

This Sunday, Ted Anderson and Barbara Clarke will be presenting a special interest session on the KEC Learning Centre to the delegates at the A.C.C.C. Convention in Edmonton. Also invited to head up the presentation, but unable to attend, is Grant Kelly.

This session will be the only presentation by V.C.C. on the program. A.C.C.C. is the Association of Canadian Community Colleges, who meet annually in a major Canadian city.

J.D.B.

## 14) 'HOWLERS' FROM CANADIAN VIEWPOINTS 081 MIDTERM EXAM

- a) Name the provinces of Canada, their capitals and products.

  Answer: Sasachawiw, Suchwatoo, poatos.
- b) Identify the following figures of speech:A veil of fog hung over the city.Answer: The city has a problem.
- c) Are the following sentences right or wrong, good or bad? If wrong or bad explain why. If your baby won't drink milk, boil it. Answer: You don't boil milk, you warm it.

Despite the above, the class average was 76 per cent!

R.T. Bowman

### VIA THE GRAPEVINE

One of our counsellors will be on CBA AM radio at 7:00 p.m.

November 12th as one of the people interviewed for the program

"Between Ourselves" - re her father. Good listening!

M.G.



Casa del Prado, San Diego, California

OR WOULD YOU RATHER HAVE THIS?

(Just call Victoria - Collect - and you may have your choice!)



