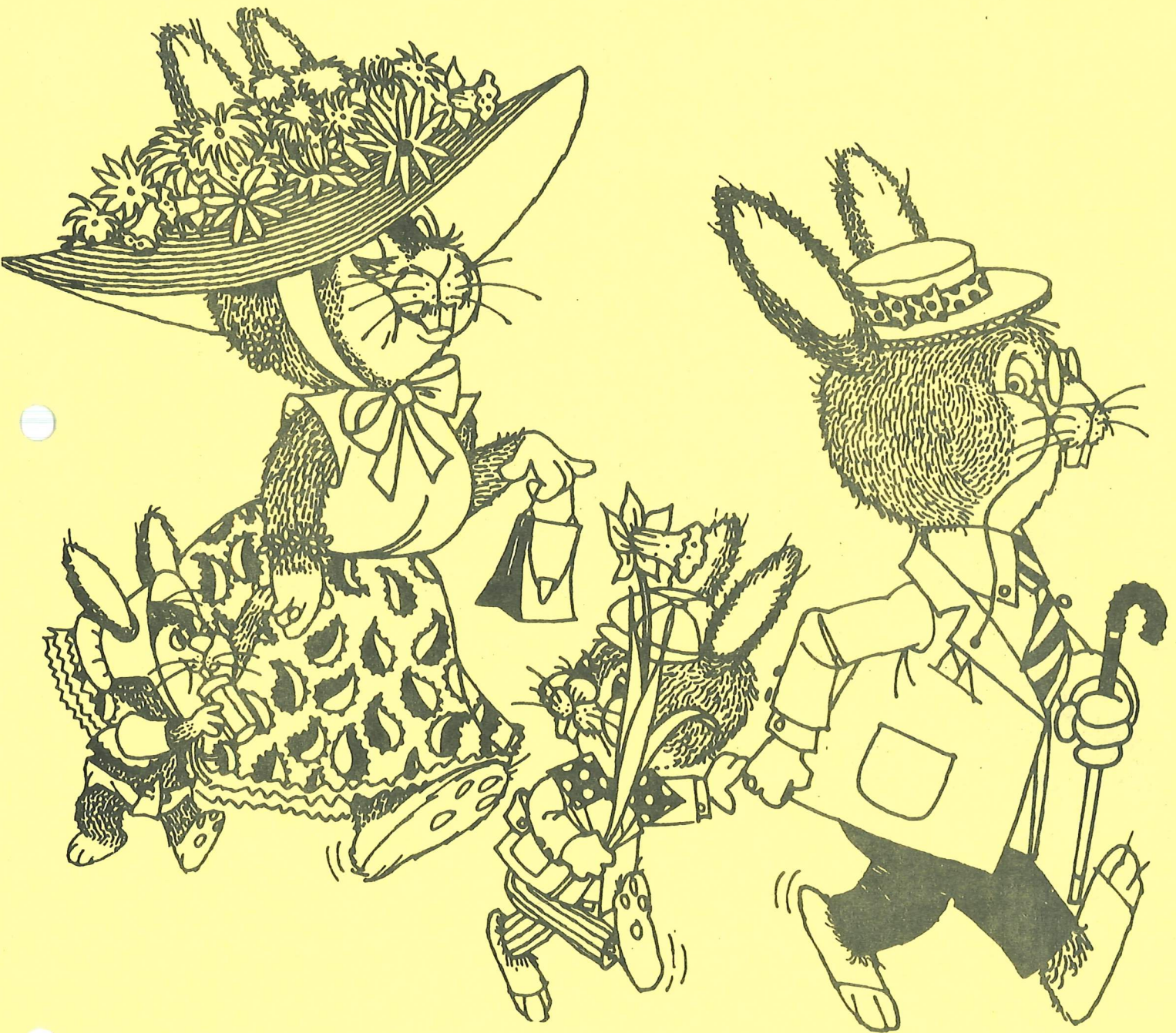


KING EDWARD TIMES

VOLUME VIII, No. 2

April 8, 1982



V.C.C. and INNER DIMENSIONS SEMINAR

Vancouver Community College presents, in conjunction with Inner Dimensions Ltd., Bronowski's "The Ascent of Man" film series.

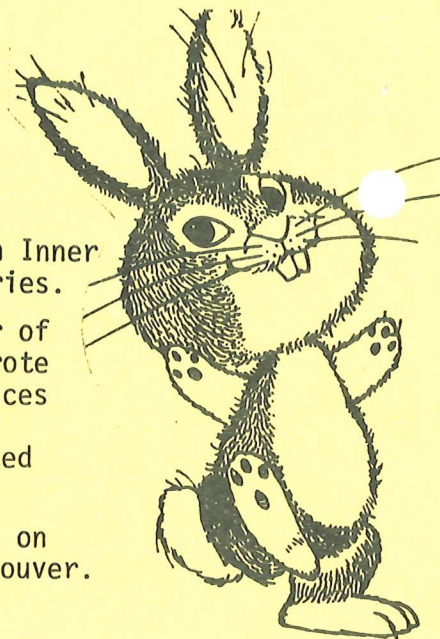
The late Dr. Jacob Bronowski, a distinguished philosopher of science, mathematician, historian and literary critic, wrote and narrates this series, which deals with the actual places where great evolutionary, cultural and intellectual steps took place with the men who motivated and sometimes created these steps.

Film segments (each 50 minutes long) will be shown weekly on Tuesdays, at 7:30 p.m. at 2714 Prince Edward Street, Vancouver.

To learn more, phone 872-0251.

ADMISSION FREE! EVERYONE WELCOME!

M.H.



WEDDING BELLS AND EUROPE!

Carol (Ritchie) Tabbers was married on March 27 and is resigning her position in the Counselling Resource Centre as of April 15. She and husband, Henry, plan an extensive trip to Europe soon.

Happy days ahead for you Carol. We will miss you.

M.G.

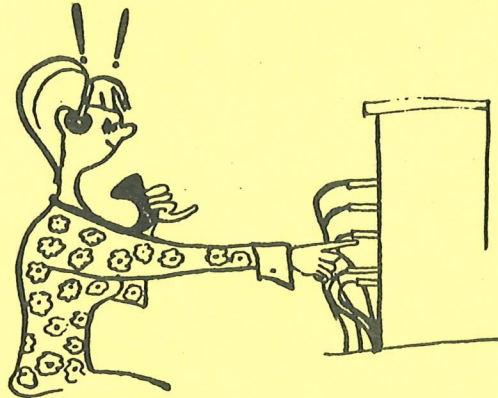
TELEPHONE MESSAGES

Our switchboard operators are swamped with phone messages every day. This entails writing out the message (while other calls are waiting) which is very time consuming. Some departments get over 30 messages a day. Multiply this by all departments and it gives us an idea of how many messages are being generated.

Students phone in to leave messages for their instructors stating that they will not be in class due to illness, etc.etc. Some of the students say their instructors ask them to do this. Except for Man-power students, we feel it is not necessary for students to phone in. When they return to class, they should then bring their "excuses" to the instructors.

Please ask your students to not phone in when they cannot attend class. This will eliminate unnecessary calls and relieve the burden on the operators. Thank you for your cooperation.

M.G.



WOULD YOU BELIEVE?

K.E.C. Continuing Education classes begin their Spring Term next week. Take advantage of the wonderful opportunities! See the C.E. Bulletin Board and pick up a schedule on the counter by the mail boxes.

P.J.B.

WOULD YOU BELIEVE?

On Monday I asked Peter Hamilton if his group could make a gavel for our Continuing Education Public Speaking class. On Tuesday I had the gavel, a joint effort of three students. Yes, Virginia, there was a King Edward of old! The maple for the gavel was taken from the leg of one of the old woodwork benches that survived the fire. Peter suspects that the benches are old enough to be pre-glacial remnants around which the old campus was built. Many thanks Peter!

P.J.B.

POSITION OPENING

V.C.C./V.V.I. requires an instructor in the Dental Technician/Mechanic Program. The period of appointment will be from 82 05 24 to 82 12 23. Closing date for applications is April 16.

For further details, see posting on bulletin boards.

H.E.P.



MARVELLOUS PERFORMANCE!

Three Strathcona women students, Elizabeth Jakubowski, Park Jung Ja and Phan Thi Lang, were members of a panel of four immigrant women at the B.C. Task Force on Immigrant Women Conference held on March 19th and 20th, 1982. The students spoke in English through the PA system in front of an audience of two hundred men and women. Each student talked about her own experience and the difficulties she faced as an immigrant woman. Elizabeth also said that she spoke on behalf of all Polish immigrant women students and gave a very good account of the common problems faced by them. Jung Ja won the hearts of many because she answered the questions so honestly and frankly. These three students received a standing ovation and moved many participants to tears. Helen Boyce, the deputy mayor, commented, "These women have caused many a wet eye with their sincere and honest accounts....."

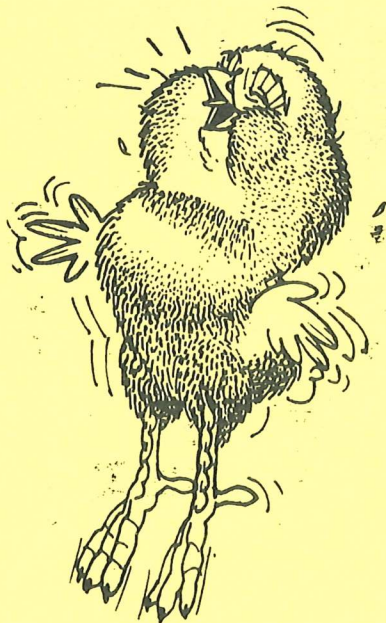
I would like once again to thank these students for their marvellous performance and state how proud we are of them.

Elizabeth Lee,
Counselling Dept.

P.D. LEAVE

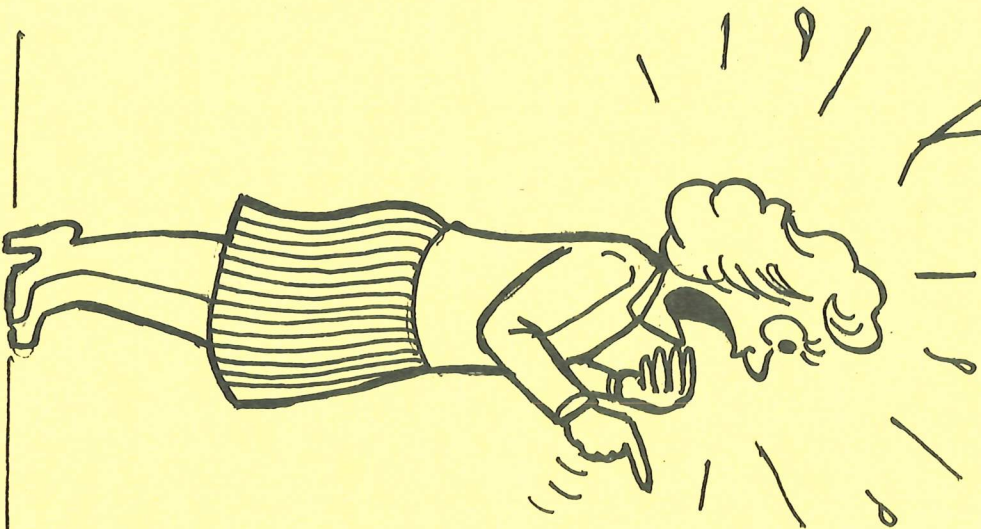
Bruce M. Watson will be on P.D. leave from April 13 to April 16. Please direct all Night School enquiries to Hilary Slatter, local 39.

B.M.W.



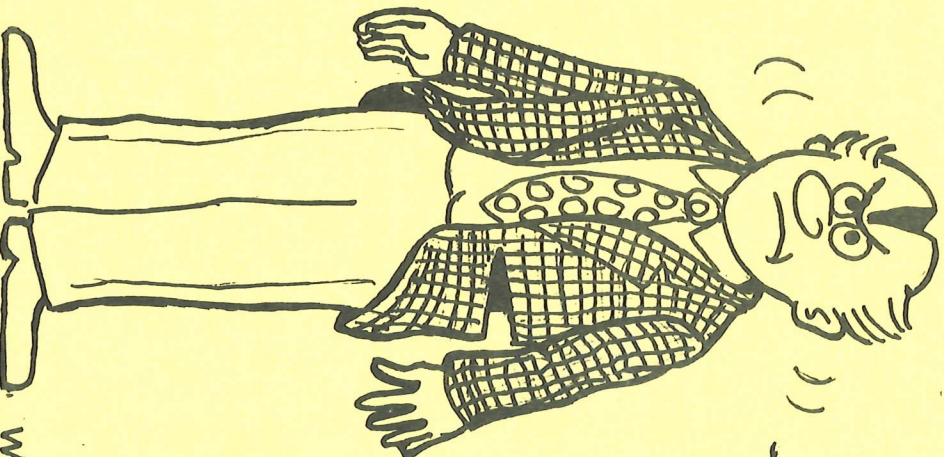
NEWS ITEM: "BY MAJORITY VOTE, THE COLLEGE BOARD INSTRUCTED THAT LEVELS 1 AND 2 WERE TO BE ACHIEVED THROUGH A COMBINATION OF HORIZONTAL AND VERTICAL CUTS."

HORRORS! WHAT
HAPPENED TO YOU?



I THINK MY DEPARTMENT JUST
ACHIEVED LEVEL ONE!

OR WAS IT
LEVEL TWO?



NOW THAT WAS
A CUTTING
REMARK!

wilson

Music DEPARTMENT

presents

EVENTS: Graduation Recitals

WHERE: Vancouver Community College
Music Department
Mt. Pleasant Centre
225 West 8th Avenue

ADMISSION: Free

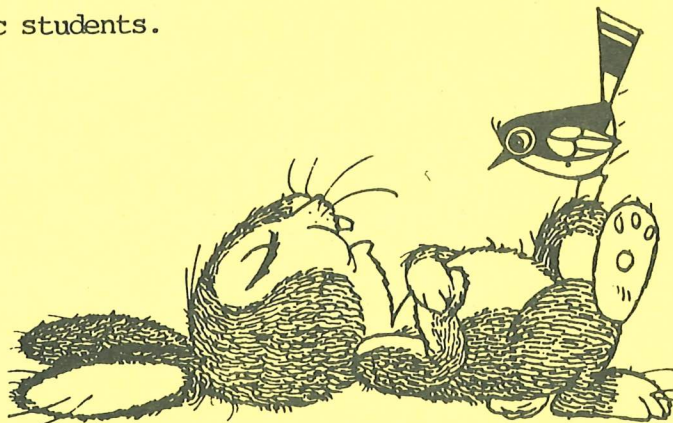
INFORMATION: 873-2461

- Friday, April 16, 8:00 p.m. - LINDA FRASER (soprano), DAPHNE STIEDA (piano).
Music of Mozart, Brahms, Strauss, Faure, Beethoven,
Debussy.
- Friday, April 23, 8:00 p.m. - KAREN ERICKSON-KOCH (oboe)

Music of Albinoni, Mozart, Bozza.
- Sunday, April 25, 2:30 p.m. - MAUREEN SCROGGS (mezzo soprano), EDITH PRITCHARD
(soprano), with CAROL GRONSDAL, accompanist.
Music of Handel, Strauss, Faure, Ponchielli,
Schubert, Britten, Mahler, Thomas, Poulenc.

The broad range of repertoire displayed throughout these recitals by pupils of DR. JACOB HAMM (voice), LEE KUM-SING (piano) and VCC Music Department Head JERRY DOMER (oboe) is indicative of the scope and depth of the programmes offered by the VCC Music Department and illustrates the many opportunities for performance made available to VCC music students.

NEXT EVENT: JULIA NOLAN (saxophone)
Friday, April 30, 8:00 p.m.



VCC VANCOUVER COMMUNITY COLLEGE KING EDWARD CAMPUS
LIBRARY

ACCESS

and films

"SENSORY WORLD"

Animation and live laboratory experiments are used to explain how the eyes, ears and proprioception system work. Dr. J. Lettvin of MIT is shown conducting research on the optic nerves of a frog and he discusses the mechanics of vision, how information is transmitted, and interpreted by the brain.

"VISUAL PERCEPTION"

Presented is the work of Dr. Kadley Cantril in his study of the faulty assumptions that may lead to incorrect perceptual judgements. Distortions in judgement are shown in relation to the distorted room, the rotating trapezoid and balloons which appear to move.

"BEGINNINGS"

This film describes the highly personal universe of the animator. Spawned by an eclectic imagination, this universe draws on historical, literary and classical sources to illustrate man's close ties with nature.

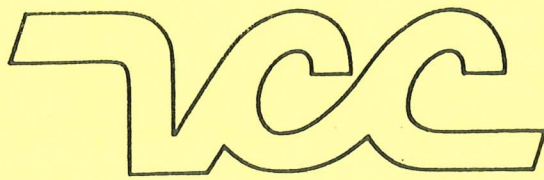
APRIL 13, 1982

Tuesday at 11:45 a.m.

Bring a Friend,

Bring Your Lunch to the Library

STRESS MANAGEMENT



KING EDWARD CAMPUS

CONTINUING EDUCATION
PRESENTS.

LEARNING FROM YOUR BODY

A NEW APPROACH TO PHYSICAL RE-EDUCATION, THROUGH EMPATHICS

*BASED ON THE PRACTICE OF HATHA YOGA, BREATH EDUCATION,
MASSAGE, REICHIAN BODY ARMOR CONCEPTS AND THE SILENCE OF ZEN
MEDITATION*

*PROVEN EFFECTIVE WITH CORPORATE EXECUTIVES, ARTISTS, SOCIAL
WORKERS, AIRLINE PILOTS, ACTORS AND OTHER PEOPLE IN HIGH-
PERFORMANCE CAREERS*

*DESIGNED TO TEACH YOU TO IMPROVE BREATHING AND REDUCE TENSION
SO THAT ENERGY DRAINING REACTIONS AND HABITS CAN BE CHANGED
AND BURN-OUT CAN BE AVOIDED*

THE INSTRUCTORS:

*IAN RAFFEL, B.F.A., DEVELOPED EMPATHICS AFTER YEARS OF STUDY
WITH DR. WILLIAM SWARTLEY AT THE CENTRE FOR WHOLE PERSON IN NEW
JERSEY, MARGARET ELKE AT THE MASSAGE INSTITUTE OF CALIFORNIA,
AND NAKAGAWA KYDO*

THURSDAYS 7-9 PM 6 SESSIONS ROOM 213 \$26 APRIL 15

Stress Management

STRESS MANAGEMENT

STRESS MANAGEMENT



association of canadian community colleges
association des collèges communautaires du canada

OPEN HOUSE CANADA

IMPORTANT ANNOUNCEMENT

The Association of Canadian Community Colleges is pleased to announce that it will again be operating its popular Open House Canada student exchange program, which is funded by the Secretary of State.

The ACCC-Open House Canada program is designed specifically for groups of fifteen full-time community college students who, in company with a faculty member, will exchange with a college in another region of the country. All participants must be Canadian citizens or landed immigrants.

Under the program the accc pays all travel costs for participating students and faculty.

In order to better understand the region visited, participants will be hosted by, and in return will host, the student with whom they are twinned.

The principal basis for assessing applications will be a judgement of the educational content and viability of the day by day program outline submitted by each applicant college.

While it is anticipated that the majority of exchanges will be of 7 to 10 days duration, applications are encouraged from colleges intending to operate longer exchanges involving courses (or a portion thereof) in a mobile format.

Applications are encouraged from both ACCC member and non-member colleges although the former will normally be given priority in the selection process.

Deadline is October 15, 1982. Thereafter applications will be accepted on a continuing basis until all provincial quotas have been filled. Since the program is so popular, early submission is advised. The exchanges can occur at any time between September 1, 1982 and June 31, 1983.

A small participation fee of \$45.00 per participant is charged to help defray the administrative costs of the program.

For application forms and further information, please phone (416) 497-4400 or

write to:

Marie-Claire Ashwood
ACCC - Open House Canada
Association of Canadian Community Colleges
211 Consumers Road
Suite 203
Willowdale, Ontario
M2J 4G8



"The No Name Challenge Spectacular"

Other than the brief but poor show of sportsmanship by the Y.M.C.A. team members at the awards ceremony, the Race was an extremely successful event.

Saturday was a beautiful sunny day. The V.C.C. Running Club turned out in force with 58 (in total 90 people have joined the V.C.C. No Name Athletic Club Running Club) runners representing Continuing Education, Langara, K.E.C., Regional Office and V.V.I. The Club representation at Langara and Regional Office admitted some difficulty in finding suitable runners among their staff and faculty who were fit enough to complete the course.

The most spectacular thing about the Race was the expressions on people's faces as they raced, jogged and walked across the finish line. Most runners could not believe they had actually run for five miles, yet at the same time you could see their satisfaction and pride at having completed the course.

The awards ceremony, which was held in a large and somewhat dark room in the Ritz Hotel, was both laid back and boisterous. Seating around the small, round, cloth-covered tables was carefully arranged to force closer contact between the elite V.C.C. Runners and the somewhat mundane Y runners, who included such characters as a notorious Vancouver judge, a portly 40 year old insurance executive, two alcoholic teachers, several out of shape Y instructors and two deportees from Quebec. With V.C.C. receiving most of the awards and prizes because of our outstanding showing (prizes were donated by both V.C.C. and the Y.M.C.A.), the circumstances were somewhat discouraging for the Y runners but they managed to hide their disappointment behind a concentrated attack on the plentiful liquid refreshments.

Another highlight of the ceremony was the presentation of the Golden Sneaker award to Glen Ash of V.C.C., K.E.C. and Vic Smith of the Y.M.C.A. Both men deserved the award! In Glen's case, your correspondent has photographic proof that he did SNEAK through the park, cutting off at least three miles of the course!

A second purpose of the awards ceremony was to decide on a name for the V.C.C. No Name Running Club. The Club executive received many excellent suggestions from V.C.C. faculty and staff and a few not-so-nice suggestions from the "Y" contingent. Finally, after great deliberation, it was decided almost unanimously to retain the name, the V.C.C. No Name Running Club. Officially, the new name of the V.C.C. No Name Running Club is the V.C.C. No Name Running Club, a division of the V.C.C. No Name Athletic Club.

The presidents of both Running Clubs asked me to express their thanks and appreciation to their respective executive, race participants, the hard working race supporters and loyal race fans who helped to make the Race the most different and amazing event of the year.



An Update for the V.C.C. NO NAME ATHLETIC CLUB
Runners Division - Information Notes

- 1) Your Running Club is now officially known as the V.C.C. NO NAME RUNNING CLUB - a division of the V.C.C. NO NAME ATHLETIC CLUB.
- 2) Regional Office has officially recognized the Club and has contributed a few dollars to help with the V.C.C. promotional aspect of our budget. Thank you Dr. Manera for your support and encouragement.
- 3) The Club now has its own bank account. After sending our application for our account back to us three times with suggested compromises, the bank manager gave up and allowed us to open up an account using our Club name, the V.C.C. No Name Running Club.
The three signing officers for the Club Executive are:
Dave Greenall - position - All-So-Ran
Peter Ballin - position - Program Chairman
Pasquale Pascucci - position - Everything Else
- 4) The Club Executive have decided to form three different categories within the Running Division. If you are interested in taking part in more than the Fun Runs, call or drop a note to Dave Greenall, V.C.C., K.E.C.

The new categories are:

- Marathon - 27.2 miles
- Road Race - normally 4 - 10 mile races
- Special Event - i.e. the 24 Hour Relay

We are working at developing special colours and crests for each division, so get your name and any ideas you have in to Dave Greenall or one of the Club Executives as soon as you can. If you have any polite suggestions as to other events or contests we should be considering, let one of the Club Executives know!

- 5) We need loyal fans and supporters to turn out for the Vancouver Marathon, May 2nd, to help cheer the V.C.C. No Name Runners on to whatever.

Members of the Club Executive are:

- Club President and Leader - The Big "P", Gordon Pawelchak
- Vice Chairman - Ted Kirby, K.E.C.
- Anti Vice Chairman - Bob Hamoura, Regional Office
- All-So-Ran - Dave Greenall, K.E.C.
- Program Chairman - Peter Ballin, K.E.C.
- Treasurer - Max Fleming, Regional Office
- Social Chairman - Dalton Kremer, V.V.I.
- Everything Else - The Little "p", Pasquale Pascucci

If you are interested in running in any of the following races as part of the V.C.C. NO NAME RUNNING CLUB, contact or sign up at the Counselling reception desk at V.C.C., King Edward Campus - 731-4614, Locals 14 or 16.

- | | | |
|------------------|-----------|--|
| May 9th, 1982 | - 8 km | - 5th Annual Vancouver Parks Board Fun Run |
| May 16th | - 5 km | - 2nd Annual Maple Ridge Mt. Festival Cross |
| | - 10 km | - Country Fun Run, Golden Ears Park, B.C. |
| May 29th | - 10 km | - Hyack Fun Run, Queens Park, New Westminster |
| May 30th | - | - Corporate Cup, Swangard Stadium, Burnaby |
| June 6th | - 10 km | - 2nd Annual YWCA Women's Fun Run, Vancouver |
| June 6th | - 13.2 km | - Seymour Hill Run, Mt. Seymour, N. Vancouver |
| June 6th | - 5 miles | - The Joggers Jaunt #1, Langley, B.C. |
| June 6th - 10 km | - 5 km | - 4th Annual Fitness Fun Run, Richmond, B.C. |
| June 12th | - 14 km | - Greenwood to Midway, Mini-Marathon, 8:30 a.m. |
| June 13th | - 10 km | - Vancouver Road & Track Club Road Race, Vanc. |
| June 19th/20th | - | - Labatt's 24 Hour Relay, Swangard Stadium, Bby. |
| June 21st | - 5 km | - Golden Spike Fun Run, Port Moody, B.C. |

