

King Edward Times



Vancouver Community College
King Edward Campus - Library
P.O. Box 24420 - Stn. C
1155 East Broadway
Vancouver, B.C. V5T 4N3

Christmas Edition 1989



Season's Greetings!
 Best wishes to you & yours
 from
 Susan

A Happy Holiday
 Blessing

Wishing you
 Happiness at Christmas
 and in the New Year!
 Patricia Groves

I hope you have a
 wonderful holiday season
 and that 1990 will be
 your best year yet!

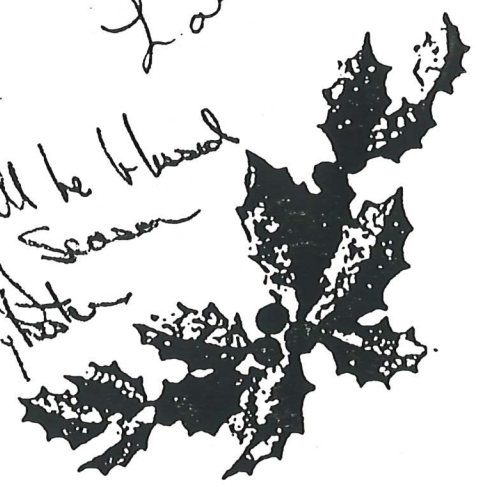
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Debbie

Happy Holidays
 To all!
 Lawrence East

Best Wishes
 To you and your
 family for the holidays.
 [Signature]

May we all be blessed
 in this Holiday Season
 Long Sybil



CLOSING TIME, DECEMBER 22

Please note that the campus will close at 12:00 noon on December 22 and will remain closed until Tuesday, January 02, 1990.

Have a good holiday!

Lawrence Fast

NEW APPOINTMENTS IN CPE, BASIC EDUCATION AND OUTREACH

I am pleased to announce three new appointments on campus.

Firstly, Nic Morelli will be the new Department Head of College Preparatory English, effective January 02, 1990. Mr. Morelli has an extensive background in English as a Second Language and brings with him many years of educational knowledge in this field.

Secondly, Rosemarie Watson will be Acting Department Head for ESL Outreach, effective January 02, 1990. Rosemarie is no stranger to the Outreach Department as she has previously been the Department Head.

Also effective January 02, 1990, Paulette Maglaque will be the new Department Head for Basic Education. Paulette has been with the College since 1975 as an instructor.

Congratulations and best wishes to all!

Lawrence Fast



Please note these new numbers at KEC North:

Anna Woo (Program Assistant)
DID Main Floor
DID Staff Room
Fax No.

512
875-8245
875-8249
251-4385

Karine Breslauer

Christmas Traditions

What does Christmas mean to most of us in North America? Of course, it always snows; the children build snowmen and go tobogganing and skating on the lake. Inside, there is a blazing log fire under a mantelpiece decorated with cards, evergreens, mostly holly. Red stockings full of gifts hang on each side. The smells of turkey with stuffing permeate the air and thoughts of blazing Christmas pudding full of silver coins fill the mind. The air is filled with carol singing and everyone's face is flush with excitement and happiness. It is the season of loving and giving, in celebration of the birth of Jesus Christ.

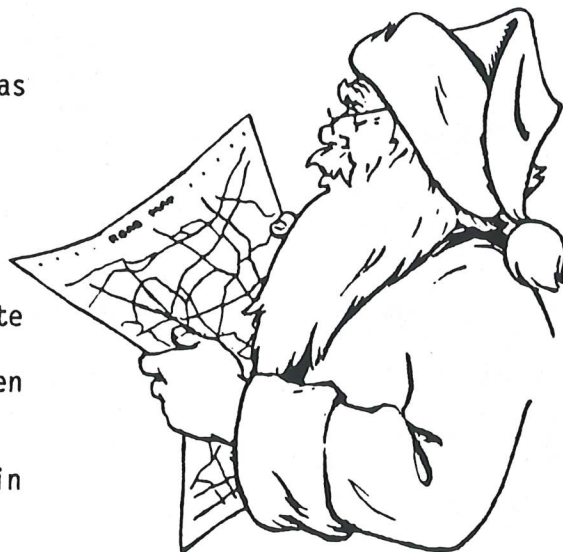
Christmas is the most widely celebrated festival in the world, but how many of us realize that the origins of most of the traditions we cherish date back before the birth of Jesus, to the Romans and pagan rituals and feasts? The end of the year was a time for gift giving and celebration in ancient Rome and northern Europe. The early church, unable to suppress these harmless but pagan customs, decreed that gifts should be given in honour of the baby Jesus.

Some of these traditions are listed with their supposed origins.

Santa Claus

Saint Nicholas is often considered the origin of the tradition. He was a fourth century bishop known for his patronage of children. Legend has it that he brought gifts to children on the eve of his feast day, December 06. On Saint Nicholas Eve a figure dressed in full episcopal garb of red and white vestments, gold embroidered cape, mitre and staff visited the children with gifts for the good ones.

Saint Nicholas still brings gifts in some countries including the Netherlands, Austria, Belgium and parts of Germany, where children leave

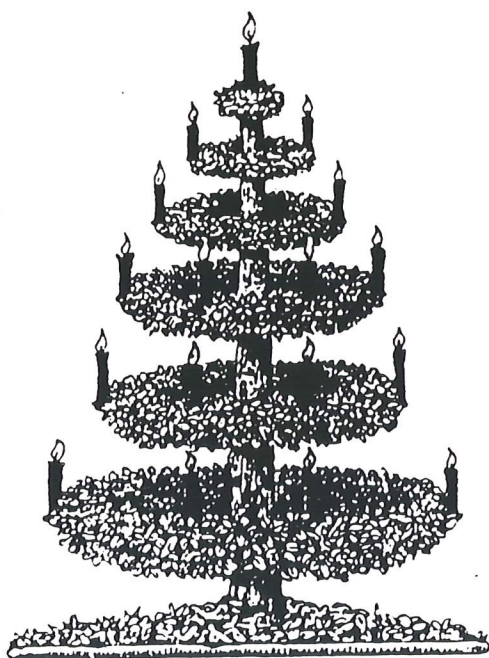


their shoes in front of the fireplace at night, and in the morning they find them filled with gifts. In Germany, the Christkind angel brings gifts from the Christ child. This custom was transferred to the United States by German immigrants in the eighteenth century. Over the years Christkind became Kriss Kingle and his identity changed so much that by the mid-nineteenth century he was being confused with Santa Claus or St. Nicholas who throughout the nineteenth century developed gradually into the jovial Santa of today, the very spirit of Christmas. When Santa recrossed the Atlantic to England, he merged with Father Christmas, a thoroughly pagan character from old mummers' plays.

The rumour that St. Nicholas would ride across the rooftops to pay his visits seems to derive from the story of the gift-bringing Norse goddess Freya, who drove through the air in a chariot drawn by cats! It was in America in the nineteenth Century that these legends were drawn together - the chimney, the nighttime secrecy, the stocking, the sleigh drawn by reindeer over the rooftops and the sack full of toys.

The Christmas Tree

The use of evergreen trees, wreaths and garlands as a symbol of eternal life was an ancient custom of the Egyptians, Chinese and Hebrews. The green, for Christians, symbolises eternal life through Christ. In medieval Germany, there was a popular play about Adam and Eve in which apples were hung on a fir tree which was known as the "Paradise Tree". By the early seventeenth century, the Germans brought the Paradise Tree into their homes on Christmas Eve, the religious feast day of Adam and Eve. They decorated the tree with lighted candles symbolising the light of Christ. Later, decorations included decorative egg shells and cookies and through the centuries have developed into the sophisticated decorations we see today.



The first Christmas tree was introduced into England in the nineteenth century by Queen Victoria's German husband, Prince Albert. Christmas trees were introduced into the United States in the early nineteenth century by German settlers in the east. Today Christmas trees are the foundation of Christmas decorations everywhere.

Christmas Cards



John Calcott Horsley an English illustrator created the first Christmas card in 1843. It was basically a postcard depicting a large family Christmas celebration and bearing the message, "Merry Christmas and a Happy New Year to You." By 1860, Christmas cards were popular throughout Great Britain, and were introduced into the United States a few years later by Louis Prang, a German-born Boston printer.

The Christmas Wreath

Made out of evergreens, the wreath, like the Christmas tree, symbolizes eternal life. In ancient Rome, a wreath also signified victory and celebration, which probably explains our custom of hanging a wreath on our front door. The circular nature of the wreath is also a Christian symbol of endlessness or infinity of the Divinity.



Holly

Another wonderful evergreen. The bright red berries (and red is the most popular Christmas colour) symbolize the blood Christ shed at His Crucifixion. Early Christians called it the Holy tree which is probably the origin of the word Holly, popular as a decoration in homes and churches. The pointed leaves represent the thorns in the crown Christ wore at His Crucifixion.



Mistletoe

An evergreen plant with small dark leaves and white berries. It was considered sacred and a symbol of fertility by the Druids who gave it to people to use as charms. Its use as a ceremonial plant by early Europeans probably resulted in it being used to decorate homes, and in many countries, it is the custom for people to stand under the mistletoe to be kissed.



Plum Pudding

Plum porridge was the earliest form of plum pudding and, like mince pies, it was originally not sweet at all but made with meat. An early recipe states that beef and veal should be boiled together with sack (a once popular wine from the Canary Isles), old hock, sherry, lemon and orange juice. To those were added sugar, raisins, currants, prunes (the dried plums which gave their name to the mixture), cochineal, cinnamon and cloves. The whole thing was thickened with brown bread. The even stiffer eighteenth century version of this was the ancestor of our Christmas pudding, and meat was left out early in the nineteenth century.

The notion of putting silver trinkets and charms into the pudding probably came from the earlier tradition of the beans inside the Twelfth Night cake, but this has since died out. It is still traditional to bury a silver coin in the mixture. All the family should stir the pudding mixture in turn and make a wish at the same time. The coin should then be shoved in, plus a ring and a thimble; the coin is to bring worldly fortune, the ring, a marriage and the thimble a life of blessedness.

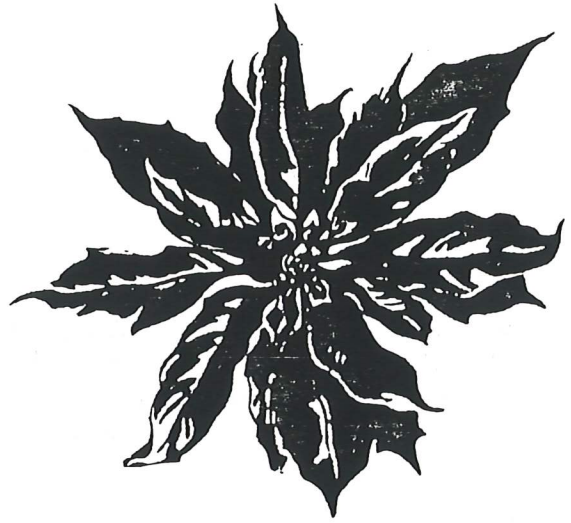
Boxing Day



The name "Boxing Day" comes from the practice on this day of opening the church alms-boxes. The contents were delivered to the poor as the "dole of the Christmas box." The tradition originated with the Romans, another Saturnalia custom and continued in Britain until the Reformation. The tradition of giving a sum of money, "a Christmas box" to people who have been of service throughout the year still persists.

The Poinsetta

This elegant plant has been sold as the traditional holiday flower in some New York shops at Christmas since at least 1870. It was named after the man who is credited for its introduction into the United States. Joel Roberts Poinsett was the first U.S. ambassador to Mexico. He was intrigued by a tropical plant, a flaming red star with a brilliant yellow centre and brought it back to be grown in greenhouses in the United States.



Christmas Dinner

Wining and dining are as much a part of Christmas as holly, cards, trees and presents. More time is spent preparing this one meal than any other meal during the year. The turkey we all associate with Christmas dinner was introduced from Spain (originally from South America) during the early sixteenth century and was first eaten in England in 1535.



SEASONABLE
GREETINGS

Traditional Drinks

Wassail

Wassail is a centuries-old toast which is still heard to this day at Christmas time. It was customary for every family to have a wassail bowl steaming away throughout the Christmas season. The traditional content of the wassail bowl was "Lambs Wool", the recipe of which is given below.

Lambs' Wool

Slit the skin of 4 large apples round the centre and bake them until the flesh will mash easily. Heat together 1 quart of brown ale, 1 pint sweet white wine and a 3-inch cinnamon stick, with 1/2 teaspoon each of nutmeg and ginger and a thin strip of lemon peel. Mash the apples and stir them into the liquid. Take out the cinnamon stick and lemon peel and sieve the mixture, pressing down well. Reheat, adding brown sugar to taste and serve very hot.

An alternative brew can be made substituting 1/2 pint of sherry for the pint of white wine.

Mulled Wine

The warmest and most friendly Christmas drink. It is inexpensive and delicious served on a cold night to unexpected visitors or carol singers. To save complicated last-minute preparations, it is a good idea to make the spicy syrup base a day or two in advance. It can then be heated and the wine added when required.

Ingredients for Base

- 6 large oranges
- 1/2 lb. (230 grams) sugar
- 1 teaspoon ground cinnamon
- 1 teaspoon ground nutmeg
- 1 dessertspoon whole cloves
- 3 pints water

Roughly cut the oranges and place all the ingredients in the water. simmer gently for about 1/2 an hour with the cover off. strain through a fine sieve. Keep the syrup in the refrigerator. When required, bring the syrup to the boil and then add two bottles of red wine. Warmup again but do not boil. Serve in glasses which have been previously warmed.

Note: The quantity of spices may be varied to suit individual tastes. The wine does not have to be of good quality, use the cheapest. Again, more or less wine may be added to suit the palate. Experiment a week or so before Christmas and ensure that the seasonal spirit of goodwill begins early!

*NEW LIAISON INSTRUCTOR APPOINTED FOR INTERNATIONAL *
*EDUCATION *
* *
*Dr. Lawrence Fast is pleased to announce the appointment *
*of Cecily May as International Education Liaison *
Instructor effective January 01, 1990. Cecily was acting
*in this capacity in the summer. She succeeds Barbara *
*Forster-Rickard. *
* *
*Cecily taught English in Iran for two years and has been *
*an ESL instructor at King Edward Campus since 1979. She *
*holds a Bachelor degree in Linguistic from UBC. *

THANK YOU

Barbara Forster-Rickard has completed her term as International Education Liaison Instructor. Barbara brought enthusiasm, dedication and imagination to this newly created role. She worked hard to improve communication between the Counselling Division and the International Education Instructors. She introduced Activity Days and trips which have included popular west coast interests such as hiking, cycling, skiing, camping; special occasion parties such as Thanksgiving and Halloween, culminating for a second time in a wonderful traditional Christmas party for our international students on December 15th. Above all Barbara has facilitated the integration of International Students into our Campus by fostering relationships between all students and departments. Thank you, Barbara.

Patricia Groves



Christmas

Hi, I am from Italy. This is the second time I have written a letter about Christmas in Canada. When I came to Canada, I couldn't speak English, I couldn't write. But now I can do a little speaking and writing.

Last year I started to write letters to my family and friends. It was very hard for me because my English is not good. But I do my best because Canada is my country now. I'm very happy to stay in Canada. It is beautiful.

At Christmas, Canadians have lots of good trees with decorations. Canadians also put decorations on the windows and outside their houses. In Vancouver there are carol ships. Choirs of children from the schools go out on the ships and sing Christmas carols. The ships are also decorated with colored lights. At Christmas it is beautiful. There is snow, we look at the mountains.

The children are very happy when Christmas comes, also people are very happy. In Canada children hang up their stockings by the fireplace. They believe that Santa Claus will fill them with toys and candy.

I will start shopping in the middle of December. I like shopping for Christmas, but it's best before Christmas. At Christmas, I will buy myself an inexpensive suit, shoes and a tie. Because it is Christmas, I will buy gifts for my family and my friends. They will be very happy to get gifts from me. What will I give them this year? At Christmas, they surprise each other, also they say thanks very much. They are very happy with each other.

On Christmas Eve, they go to Church. Some people go to night and morning church at Christmas. Most people open their gifts after Church.

At Christmas I will cook a turkey with gravy, dressing, mashed potatoes and carrots and some vegetables. I will make a green salad. For dessert, I will have cheesecake and some ice cream. I will make Christmas cake, plum and fruit pie, and mincemeat pies. At Christmas, I will make good food for my friends. They will enjoy our dinner, they always like my good food. Some people eat apples and grapes after they finish eating. After dinner, they go for a nice drive. Sometimes they go for a long walk around Stanley Park.

Boxing Day is the twenty-sixth of December, the day after Christmas. Most people go shopping and buy a lot of stuff because there are good prices; some things are half price. Also most people go to a movie or go walking around Stanley Park in Vancouver, BC, Canada.

New Year's Evening they go out and have a good time, enjoying drinking and dancing. On New Year's at midnight, they open bottles of champagne and make toasts. They celebrate with drinking, singing and dancing; it is a very happy night. New Year's is a new life for everyone.

Franco Falso
A Student in Basic Education



CLIENT Q 1320/SOUNDWAVE

DATE Dec 19/89

CAMPAIGN Dec 20-22/89

WRITER Terry

SALES REP David Geddes

CART. A-D6

#1 :30

CD...TRACK 7...CUE IN 13.3

Hear Vancouver Community

College's acclaimed vocal jazz ensemble...

SOUNDWAVE...with selections from their first CD...

"SOUNDWAVE ON Q"...Saturday night following the

9 o'clock news...here on Q 1320.

VOCAL UP TO END

THANKS

My term as International Education Liaison Instructor is coming to an end and I want to thank all the staff, administrators, instructors, counsellors and students I worked with during the past year for their support, encouragement and their many good suggestions and ideas that helped make my job a great experience.

Thanks to all of you.

Barbara Forster-Rickard

CHRISTMAS PARTY

About 180 guests, big and little, enjoyed the International Education/Student Advisory Committee Christmas Dinner and Dance held at the KEC Cafeteria last Friday.

I would like to thank all those people who helped make the party such a success:

Nadine Johnson who taught students how to make the beautiful centre-pieces that decorated the tables and, of course, the students who made the centre-pieces;

Patricia Groves for her warm words of welcome;

David Miller who dug up a Christmas Tree for us at the last minute (on the 4th Floor);

Jolly Santa Claus, Ted Anderson, who made it down in time from the North Pole;

The Fortunes and Soundwave for their excellent performances that were enjoyed by all;

Karim Rajan, MC, ticket salesman, decorator and many more things without whose help the party would not have come off; and,

Nora Hall and Melissa Phillips and all of the Domco staff deserve a special thank you for the delicious and sumptuous traditional turkey dinner they prepared and served.

Thanks for a great party!

Barbara Forster-Rickard

POSITIONS OPENING

V.C.C./K.E.C. requires a Temporary Library Assistant V. Closing date for applications is December 21, 1989.

V.C.C./KEC requires a Coordinator II (Visually Impaired Department). Closing date for applications is January 08, 1990.

The Foundation for International Training is looking for a Program Manager/Trainer and a Program Director. The Foundation is an international human resource development agency involved in fostering income, generating skills, community development, institution building, management training and other development projects in Africa, Asia and the Caribbean. Job descriptions are posted on the Fourth Floor VIA Board. Closing date for applications is January 10, 1990.

Lawrence Fast

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CHILDREN

Tired of being
Harrassed by your
Stupid Parents?

ACT NOW !!!

Move out, Get-A-Job
Pay Your Own Bills,
While You Still
Know Everything.

.....
Merry Christmas

Happy
New
Year

