

WVInsider

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LEARNING SUPPORT CENTRE

VCC-VANCOUVER VOCATIONAL INSTITUTE LIBRARY

The Faculty of V.V.I., the Deans of Instruction and Administrative and Student Services, the Program Development Department, the Library, and the Counselling Department are pleased to announce the opening of the LEARNING SUPPORT CENTRE on February 6, 1984!

It will operate from the mezzanine level of the Library, Monday to Friday, from 11:30 to 16:00 and will be staffed by experienced personnel who will provide tutoring to enrolled students (at no charge).

Tutoring and printed material to support classroom learning in the areas of Math/Sciences and Communications will be available and students are encouraged to drop in to the Centre for assistance on a one-to-one basis.

Instructors are cordially invited to visit the new area and suggestions or advice on the development of the Centre are welcomed by the Counselling Department.

DK

LIBRARY FILMS February 7 (11:45 in the Library Screening Room)

To accommodate a wider audience, the Library is switching the noon-hour film showings from Thursdays at 12:15, to Tuesdays at 11:45, beginning on February 7th!!

A DYLAN THOMAS MEMOIR (28 minutes)

Before he died in 1953, the great Welsh poet narrated much of this film, while the camera visualized the places and people he knew and wrote about. His widow, Caitlin Thomas, talks frankly about what marriage to this man was like. His character, his struggles and fleeting triumphs are explored and revealed through the comments of Caitlin and their daughter Aeron. Some idea of what a poet's workday is like is conveyed well by showing the sights the poet himself actually saw while at the same time hearing him read from his draft manuscripts. A film with broad appeal.

LE MERLE (BLACKBIRD) (4 minutes)

Norman McLaren imparts unusual activity to an old French-Canadian nonsense song. Simple white cut-outs on pastel backgrounds provide lively illustrations. The folksong, Mon Merle, is sung in French by Le Trio Lyrique of Montreal.

TO INSTRUCTORS AND ADMINISTRATORS

The B.C. Council for Leadership in Educational Administration and the B.C. Association of Supervisors of Instruction are jointly sponsoring a "Spring Forum" to be held March 2nd and 3rd at the Sheraton Landmark Hotel in Vancouver.

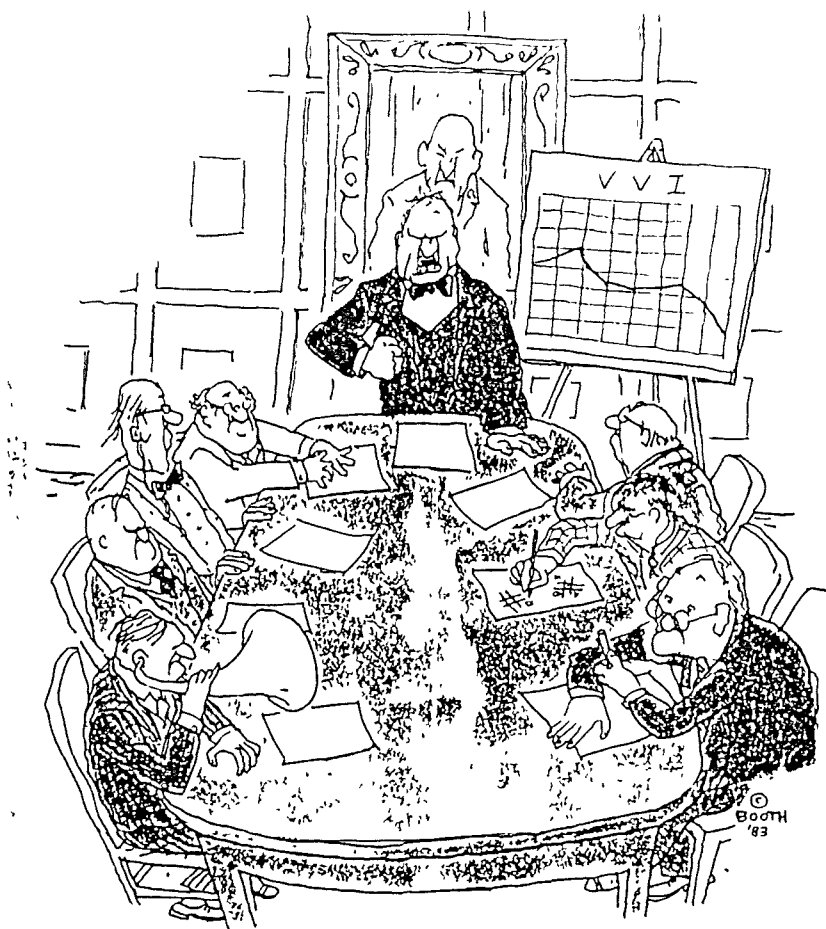
The general theme is the pursuit of excellence despite the serious economic situation which pervades the educational sector. The keynote address features Dr. Gordon Cawelti, Executive Director of the Association for Supervision and Curriculum Development, who will speak Friday night on the Characteristics of Effective Instructional Leaders.

Saturday sessions include topics such as: the reorganization of secondary school curriculum, parent involvement strategies, institutional evaluation of Colleges, maintaining staff morale, provincial examinations, effective school improvement projects, and perspectives on issues from the superintendency in B.C. The BCCLEA annual meeting will follow the Saturday afternoon sessions.

Registration forms and further information can be obtained by contacting Jan Sarkissian, Supervisor of Instruction, School District No. 61, Box 700, Victoria, B.C. V8W 2R1, Telephone: 381-3212.

Fees are \$55.00 for BCCLEA or Supervisor's Association (BCASSI) members
\$75.00 non-member (includes 1984-5 BCCLEA membership)
\$85.00 non-member (includes 1984-5 BCASSI membership)

MEL



*"What do they mean our training program
is outdated? We all went through it!"*

TELEPHONE LOCAL UPDATES

Please note the following Locals for the Registration Services Department!

Wynn Keenan	200
Dorothy Ho	204

Admissions

Fiona McComb, Wendy Shoblom, Cathy Perret, and Astrid De Groot
210, 211, 212, or 213

Records

Darlene Byrne	202	Becky Selwyn	205	Maureen Moore	206
May Deer	207	Barbara Talbot	202		

Cashier

Charise Bryan and John Baird 209

Computer Room

207

WK

Also please note -
until further notice, Arlene Skene can be reached at Local 233!

TRRM

MOVING UPDATE

Health Services has now moved to its new location on the second floor mall (beside the Shoe Repair Department)! Their telephone locals will stay the same with the First Aid Attendants at 227, the Health Nurse at 228, and the Doctor at 229.

TRRM

JOB OPPORTUNITIES

KING EDWARD - Program Liaison Counsellor. Closing date for application is February 7, 1984 and duties commence February 27, 1984.

EMILY CARR COLLEGE OF ART AND DESIGN - Instructor : Graphic Design. Closing date is March 15, 1984 and duties commence in August, 1984.

A CHANGE IN OFFICE HOURS

Please note that commencing Monday, February 6th, the Dean of Administrative and Student Services area will be closed for lunch between 12:00 and 13:00!

JV

A REBUTTAL TO THE VVInsider ARTICLE LAST WEEK REGARDING....

"THOUGHTS ON DIETING"

- * I am willing to establish a new belief that being overweight is a solvable problem; *just like the arms race....*
- * I now believe that I can lose weight; I also believe in the Tooth Fairy....
- * I now believe that I can maintain my ideal weight through the ups and downs of my life; *up from the chair, down to the pub....*
- * Each day my body comes closer to reflecting on the outside that perfection I am on the inside; *but as someone said, "Who's perfect anyway?"....*
- * I am a thin person. I think as a thin person thinks. I eat as a thin person eats, therefore, I have a thin body; *unfortunately for my size, I am 3 feet too short....*
- * Whenever I begin "fat" behaviours, I acknowledge what I've done and begin again with "thin" behaviours; *lots and lots of thin spaghetti....*
- * I acknowledge myself for being willing to do what I have to do to reach and maintain my ideal weight; *but who can eat that much food....*
- * I affirm my ability to eat under optimum conditions; I also eat under *the worst conditions....*
- * I recognize the signals my body sends me regarding its needs and then respect and honor those signals; *except my spouse usually has a headache....*
- * I eat only when hungry; *and drink the rest of the time....*
- * I eat while sitting down in a calm environment; *and when I am standing at a party.*
- * I eat slowly so I can appreciate my food; *and drink quickly to get my fair share...*
- * I eat selectively, choosing only those foods that appeal to me; *"Big Mac" "Whopper" "Fries"...*
- * My body tells me when it's full, and I stop eating; *and start on the wine....*
- * I am willing and able to leave food on my plate; *in particular spinach and cauliflower....*

RJW