

Vol. 197, No. 198 June 04, 1992

# VCC BENEFITS COMMITTEE'S RETIREMENT PLANNING SEMINAR

We have received some inquiries as to the possibility of scheduling a Retirement Planning Seminar during evening hours or on weekends. VCC's Benefits Committee would be pleased to offer this opportunity to employees contemplating retirement, providing there is a sufficient level of interest.

We ask that employees age 50 and over, who would be willing to commit to attending such a seminar scheduled during off-hours, contact the Employee Relations Department at local 7142 or 7138 to indicate their interest.

Carol Harrison Employee Relations

#### BOOKSTORE NEWS...

The academic calendars and diaries have arrived at the bookstore. They begin July 1992. I hope I have the one you need!

**Cheryl Silver** 

#### MAILROOM UPDATE...

Please note new postal codes are now in effect. The new codes are:

KEC - V5N 5T9
Continuing Education - V5N 5V2
Central Administration - V5N 5V1
Our new Postal Station is "F".

Returned from Canada Post - "Found Loose In The Mail" was cassette tape GROWING IN ENGLISH LANGUAGE SKILLS - Units 17-23 and Units 24-30 by M.B. Finocchiaro. If this cassette tape is yours, please contact the Mailroom at local 7026 to claim it.

**Lorraine McKillop** 

# **KEC TELEPHONE DIRECTORY May 1992 - Edition**

The May, 1992 edition of the KEC telephone list was distributed a few weeks ago. If you have any corrections, updates, or suggestions, please forward them to **Sharon Harder**, Fourth Floor Administration, local 7023. Our apologies for any errors or omissions.

**Sharon Harder** 





# CLERICAL/SECRETARIAL WORKERS

### EXPLORE YOUR STRESS COPING SKILLS

Psychologists at the University of British Columbia would like volunteers to participate study on women, work and Participants would be asked to complete one questionnaire per month for three months, at a time convenient for them. Each one takes about an hour to complete. The information from the questionnaires will be confidential and anonymous. At the completion of the study volunteers will be provided with summary of the group results. description may give insight into the coping skills some women use to deal with stressful situations, and may increase participants' repertoire of effective coping methods and skills. If you would be willing participate in this study, or if you have any questions, please call Karén Flood (research

assistant) at **822-9199** 

or contact:

Dr. Bonita Long, Ph.D.

Counselling Psychology Dept.

University of British Columbia

5780 Toronto Road

Vancouver, B.C. V6T 1L2

#### ABSENCES FROM CAMPUS

Mark Goertz, Librarian, is on vacation from May 19 to June 05, 1992.

Irene King, Librarian, is on vacation from May 11 to June 10, 1992

For urgent library matters, please contact Aphrodite Harris at local 7318.

Helen Spencer, Department Head, CPE will be on holidays from June 01 to June 30, 1992 (inclusive). Please contact Jack Whelan at local 7257 in Helen's absence. Jack will be instructing 1/2 time during this period.

Anne McElroy, Instructor, Business and Computer Studies, will be away until June 5, 1992 due to a family bereavement in Ireland.

The Trans-Can freight
has made us wait
but hail at last
our great late
GATE!

Welcome to the Learning Centre!
The third floor entrance is now in operation.
Join us for a celebration
Tues. June 16:

-Workshops all morning -Tea and cookies at 2 pm.



#### VOICEMAIL HINTS

Playing messages left in your voicemail box - note following hints are assuming you have pressed P to play the current message already:

- to give a message to another mailbox press G (4 key) to give, then enter the mailbox number to give the message to and record a short message to precede the message you are giving, press X (9 key) to send message. Then you must choose to keep or discard the original message.
- to fast forward a message while playing it press \* and it will advance 5 seconds each time pressed
- to rewind a message while playing it press # and it will rewind 5 seconds each time pressed

Changing your mailbox greeting - note assumed that you have already entered your mailbox (80\*MB them passcode):

- select U (8 key) for User options
- select G (4 key) for Greeting
- select R (7 key) to Record greeting
- · verbally record the greeting and press X (9 key) to stop recording and save
- press L (5 key) to listen to your greeting
- press X (9 key) to exit from User
- press X (9 key) to exit from your mailbox

## POSITIONS OPENING

#### King Edward Campus

Program Assistant II (International Education). Closing date: June 9, 1992.

Clerk II - ESL Subfinder, ESL Division. Closing date: June 9, 1992.

#### **Miscellaneous**

The Sierra Club of Western Canada invites applications for the position of Community Liaison Officer - Job Opportunity.

The North Island College invites applications for the following instructional positions:

- Instructor Electricity & Industrial Electronics, Campbell River
- Instructor Computer Science and Technology, Campbell River/Comox Valley.
- Instructor Business Administration, Campbell River/Comox Valley.
- Instructor Physics and Mathematics, Campbell River.
- Instructor Adult Basic Education, Comox Valley.

- Instructor - Art and Design, Comox Valley

The University of Northern British Columbia is accepting applications for both full and part-time sessional appointments for the Fall/Winter of the 1992/93 academic year in the following areas: English (Shakespeare, Commonwealth and Canadian Literature). History (Western Canada, First Nations -Immigrant Relations and Women's History), and Psychology (Social Psychology, Abnormal Psychology and Psychology of Gender). Renewals for the 1993/94 academic year may be possible. Applications should be submitted by June 15, 1992.

Please see the Faculty Notice Board in the 4th Floor Administration for more information.

#### CLASSIFIED

FOR SALE: Range fed lamb from the Cariboo; butchered and freezer packaged to your specifications; \$2.95/lb. (average weight 40 lbs.). Order now to avoid disappointment. Payment upon delivery late September. Contact Alison evenings at 988-9995.

FOR RENT: Cute little 3 bedroom house in the East End; close to Commercial Drive shopping area. Available for July and August. Contact Grant or Theresa at 254-5529 or local 7380.

FOR SALE: Large, heavy duty, light weight. blue plastic barrels suitable for compost bins. ponds, children's play equipment, strawberry barrel planters, rain water catch basins etc. The barrels are \$25.00 each. For additional information, please contact the Building Services Manager at local 7373.