FEBRUARY 1993 Kring ett ward

> Vol. 223 February 4, 1993

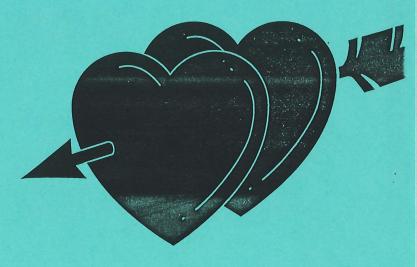
VALENTINE'S DAY

The celebration of Valentine's Day on February 14 dates back to an ancient Roman festival called Lupercalia which took place on February 15. This festival honoured Juno, the Roman goddess of women and marriage, and Pan, the god of nature. It was a lovers' festival for young people.

This special day is named after a priest, Valentine, who lived in Rome under Emperor Claudius II. The Romans jailed him for helping persecute Christians. Claudius, an unpopular ruler at best, wanted the men to go to war, with no provision for the wives left behind in Rome. The men were reluctant to do so. Claudius, therefore, decreed that single men should go to war and were not allowed to marry. Valentine continued to marry people secretly, but Claudius found out and the priest was beheaded on Palatine Hill, at the site of an ancient altar to Juno on February 14 AD 269.

By the year AD 496, Christianity had spread and the church was quite powerful. Pope Gelasius tried to give Christian meaning to the pagan festival. He changed the Lupercalia festival of February 15 to Saint Valentine's Day on February 14, but the sentimental meaning of the old festival has persisted. Today 15 million Valentine's Day cards are sent within North America. It is the second biggest commercial festival, after Christmas.

In the United States, Valentine's Day became popular in the 1800's, at the time of the Civil War. In England, Valentine's Day was observed as early as 1446. There are accounts of celebrations in the 1700's where social groups met "in the homes of gentry" on the eve of Valentine's Day to choose valentines by writing names on slips of paper, than drawing them by chance from a vase. A young man would then wear the paper with his lady's name on his sleeve for several days, hence the expression "he wears his heart on his sleeve".



Vancouver Community College King Edward Campus - Library P.O. Box 24620, Station F Vancouver, B.C. V5N 5T9



HEALTH FREEBIES

I have a number of copies of each of the following materials. If you would like a copy of any of the following please drop into my office or call me.

- Flyer "Women to Women" an all day conference on women's health issues February 27, 93.
- Booklet "A Little More" a resource guide for positive nutrition and development of eating skills for people with a handicap.
- Booklet "Child Sexual Abuse" guidelines for community workers.
- Information package "Women and HIV".
- Kit "The Measure of Energy" a participation kit for fitness leaders.
- Booklet "Danger Zone in the Kitchen"
 a workbook about food safety.

Pauline Reaburn College Health Nurse - local 7187

WELCOME!

Dawna Kjar is back from leave and will be acting Mailroom Clark until further notice. In June, Dawna will resume her regular duties in Student Records/Admission. Please drop by and welcome Dawna back to KEC. Her local is 7026 if you have any questions concerning mail.

LOST

Apparently at least 1 and maybe 2 paper folding machines (no, not origami - brochure and flyer folding!) belonged to VCC and may be at KEC. I have never seen them, but if anyone knows their whereabouts, some departments would love to be able to borrow them. If you have any information leading to the sighting of these elusive machines, I would really appreciate a call at 7005 or 8311. If I could think of a suitable reward it would be offered, but for now, may the thrill of knowing you have done the right thing bring you inner happiness!

Karen Kelly

ATTENTION: STUDENTS WITH DISABILITIES

Every day at noon there will be a student aide in the Library to assist you with Library work for you assignments... (photocopying, researching, etc.)

HOURS

MONDAY - 12:00-1:00 TUESDAY - 12:00-2:00

WEDNESDAY, THURSDAY, FRIDAY - 12:00-1:00

SIGN LANGUAGE AVAILABLE MON., WED., THURS., & FRI.

THE COUNSELLING DEPARTMENT AND LIBRARY ARE PLEASED TO BRING THIS NEW SERVICE TO YOU.

See You in the Library!

MENTAL FITNESS CORNER

PUZZLE:

Twenty-eight birds are sitting on a fence. A shotgun kills one seventh. How many birds are left?

TRIVIA:

Name the only member of Jason;s Argonauts who participated in the Trojan war.

ANSWERS TO LAST WEEK'S SUBMISSIONS:

PUZZLE:

1/2 = 1/3 = 1/9 = 17/18. The king did not treat his 17 horses as one complete inheritance; if he did, the total should be 18/18.

TRIVIA:

Hypatia

Wayne Ko

FOUND!

An earring was found in the 4th Floor Administration Area. If it belongs to you, please contact the Security Department at local 7335.

VCC EMPLOYEE SKI TRIP

Enjoy a weekend of winter fun with your friends and colleagues



DATE: MARCH 26/27/28, 1993

LOCATION: SILVER STAR, VERNON

APPROX. COST - \$185.00 downhill option
- 160.00 cross country option
(this includes: luxury coach, 2 nlghts accom., and a 2 day lift ticket)

Trip open to all YCC employees. Feel free to bring one non-Ycc friend! We will leave at approx. 2:00 pm on Friday and return on Sunday evening.

For more info. call Cyndy Howman at L.5253

PLEASE FORWARD YOUR RESPONSE FORM NO LATER THAN FEB.12/93

VCC SKI TRIP RESPONSE FORM

PLEASE RETURN THIS FORM TO CYNDY HOWMAN AT LANGARA, CONT. ED.

NAME:

CAMPUS:

LOCAL:

NUMBER OF GUESTS:

LEARNING CENTRE



February Workshop for ESL Students



*	444	*
	WORKSHOP NAME	
l l	DATE	
	TIME	
	ROOM	

Conversation	Monday	11:00-12:00	3125	Michael
Pronunciation	Monday	2:30- 3:30	3077	Michael
C.B.C. Radio News	Tuesday	11:00-12:00	3125	Karen

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Conversation	Organize Your Writing	Canadian Studies
Thursday	Wednesday	Wednesday 11:00
11:00-12:00	1:00- 2:00	11:00-12:00
3125	2065	3125
Karen	Michael	Karen

Writing-INT. & ADV.	C.B.C. Television News	C.B.C. Radio News
Friday	Friday	Thursday
2:30-	12:00- 1:00	2:30-
2:30- 3:30 3077	1:00	2:30- 3:30 3077
3077	3126	3077
Don	Karen	Don

INVITATION TO RETIREMENT PLANNING SEMINAR

Dear Employee:

As you may know, VCC's Employee Benefits Committee is responsible for overseeing the operation of the College's employee benefit program. The Committee is made up of two members representing the College plus a representative from each of the various employee groups within the College.

In 1991, the Employee Benefits Committee determined that many of the College's employees could benefit from the opportunity to attend a retirement planning seminar. During 1992, four retirement planning seminars were presented for VCC employees and their partners. Response from participants has been very positive and, therefore, the Employee Benefits Committee is pleased to announce that further seminars have been scheduled.

The seminars	are preser	nted in a two-da	ay format and include:			
		Financial plann	ing and money management;	SPACES STLL AVAILABLE	_	
		Pension inform	ation;	FOR FEB. 15/16 ALL AGES WELCOME	_	
		Information and	d wills;	THE MANY MANY		
		Life transition a	and relationship adjustment; and	· / / / W W \		
		Health, accomr	modation and leisure time.			
Outside seminar facilitators with considerable experience in retirement planning will lead the seminars. The seminars (including all materials) are provided free of charge to VCC employees and their partners. You and your partner are invited to attend one of the following seminars. The scheduled dates are:						
	DATE		TIME	PLACE		
	ary 15 and 8 and 19,	d 16, 1993	8:30am to 4:00pm each day	5th Floor Boardroom at King Edward Campus (Room 5025)		

If you would like to attend a retirement planning seminar, please complete the application on the reverse side of this letter and return it as soon as possible to the Employee Relations Department. Attendance will be limited to a total of 30 individuals per seminar in order to allow participation by attendees. Please be advised that if the seminars are oversubscribed, consideration will be given first to participants closer to retirement age. Confirmation of your registration will be provided to you in advance of the seminar.

APPLICATION TO ATTEND RETIREMENT PLANNING SEMINAR

(Please print all information)

Name:	Telephone Local:
Department:	Campus:
Will you be bringing your partner?	☐ YES ☐ NO
Name of your partner (If attending)	.
Please specify the seminar you prefer to attend:	
February 15 and 16, 1993	
May 18 and 19, 1993	
In order to assist the seminar planners, we require your retirement:	your present age and expected number of years until
Your present age: N	lo. of years until you expect to retire:
If you are unable to attend one of the above seminarseminar?	ars, would you be interested in attending a subsequent
☐ YES ☐ NO	
5th Floo King Ed 1155 Ea Vancour	ee Relations Department or ward Campus st Broadway ver, B.C. V5N 5V1 n: Ms. B. Baty

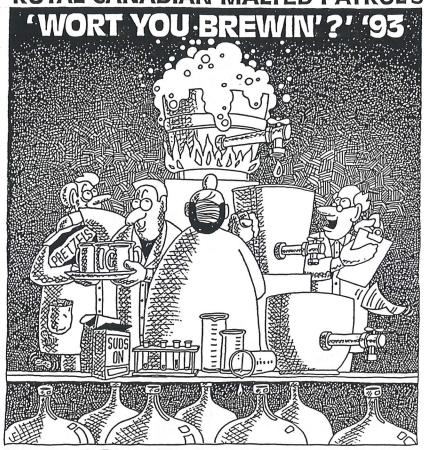


K.E.F.S. HOSTS THIS SECOND ANNUAL EVENT

Those interested in attending, judging or competing please contact K.E.F.S. members for info.

The event will be staged in the Faculty Lounge, March 6th from 9:00am to 2:00pm.

ROYAL CANADIAN MALTED PATROL'S



BEER COMPETITION & BANQUET

SANCTIONED BY THE AMERICAN HOMEBREWER ASSOCIATION & THE HOME WINE & BEER TRADE ASSOCIATION.

BREW YOUR BEST BATCH FOR A CHANCE TO WIN PRIZES FOR 1st, 2nd & 3rd PLACE IN EACH OF 10 CATEGORIES WITH A GRAND PRIZE ROUND TRIP TO DENVER, COLORADO FOR THE A.H.A. HOMEBREW DAY CELEBRATIONS.

JOIN US SATURDAY MARCH 6, 7:00 p.m. AT MULVANEY'S RESTAURANT ON GRANVILLE ISLAND. . . . A FROTHING GOOD TIME FOR WHATEVER ALES YOU!

ENTRIES: \$5.00 .
ENTRY DEADLINE: SAT. FEB. 27
COMPETITION: SAT. MAR. 6
BANQUET: \$25.00 INCLUDES DINNER & BEER.

SUBMIT ENTRIES TO: SPAGNOLS . PACIFIC COAST VINTNERS . WINE ART INC.

OUR THANKS TO ALL OUR SPONSORS

SPAGNOLS • PACIFIC COAST VINTNERS & BREWERS • WINE ART INC. • MULVANEY'S HORSEHOE BAY BREWERY • GAMBRINUS MALTING CO. • J & M ENTERPRISES

ASSOCIATION OF WOMEN IN POST-SECONDARY EDUCATION PRESENTS

"THRIVING ON DIVERSITY"

a mini workshop and dinner

PRESENTER: LINDA COYLE, PRESIDENT WPSE

FRIDAY, FEBRUARY 12, 1993

BCIT TOWN SQUARE A (see map below)

5:30 p.m. - No Host Bar

6:00 p.m. - Dinner

7:00 p.m. - Presentation

Cost:

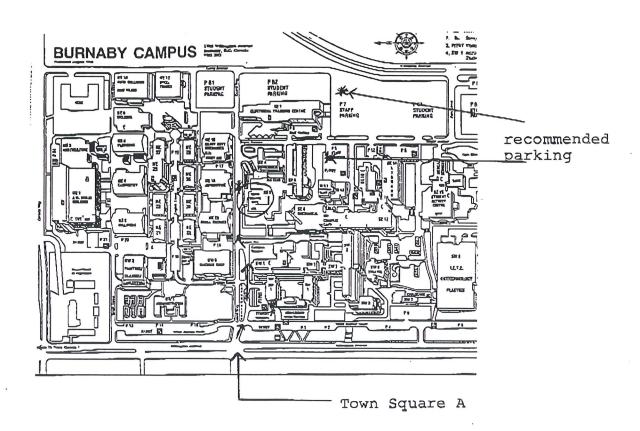
Members

\$15.00

Non-Members

\$20.00

PLEASE CONFIRM YOUR ATTENDANCE TO 432-8841
ALL MEMBERS AND GUESTS WELCOME



STUDENT ELECTIONS

KESA is holding by-elections for the following Student Association positions:

"At Large" Positions:

- 1. Native Students' Commissioner
- 2. Women Students' Commissioner

Departmental Representation:

- 3. BEST/Institutional Aide Representative
- 4. Business/Computer Department Representative
- 5. ESL-English Language Skills Representative
- 6. ESL-Vocational Representative
- 7. International Education Representative
- 8. KEC North Representative
- 9. KEC West Representative
- 10. Math/Science Department Representative
- 11. Automotive Collision Repair/Glass Installer/Painting and Refinishing Program Representative
- 12. Automotive Technician Program Representative
- 13. Pharmacy Technician Program Representative
- 14. Sign Language Program Representative.

Could you please advise your students that there is no experience required for these positions. All training will be provided. Departmental representation only takes a couple hours a week and a stipend of \$50.00 is provided to cover any expenses incurred. Elected representatives will also have a chance to run for Executive positions. Executive positions require a little more time but a stipend of up to \$250.00 is provided.

Students will learn effective meeting skills, how to work in a group setting and will also receive a chance to travel to seminars and students' meetings across Canada.

Student Leadership is not all business. Meeting people and having fun are among KESA's Prime Directives. (The pay isn't that great, so we have to make up for it *somehow*.)

Nominations may be obtained from KESA general office, room #2036 (next to security). Completed forms must be returned to KESA no later than 5:30 p.m., Feb.8.

Nominated candidates will have seven days in which to campaign beginning Feb. 19th to Feb. 15th. (Campaigning is not really necessary but the time is being provided in case any one feels really motivated.)

Polling will take place February 16 and 17, 1993.

Your help is greatly appreciated

gl/cttee/elect/times

for Adult Survivors of Child Sexual Abuse

Tuesday, February 16 12:30 p.m. to 2:30 Counselling Classroom 3002

Topics Covered:

- How do I know for sure that I was sexually abused (symptoms)?
- How do I cope with symptoms like flashbacks, difficulties in relationships, or depression?
- Where can I get help?
- Question & Answer period

Guest Speaker: Naomi Ehren-Lis Vancouver Incest & Sexual Abuse Centre (V.I.S.A.C.)

Pre-register in Counselling 3002. Ask for Lorraine Herlick. Any questions about the session? Contact Donna Barreca in Counselling at 871-7207 or in person.

POSITIONS OPENING

Miscellaneous

Simon Fraser University, Faculty of Education A graduate Faculty Associate in Counselling Psychology. Closing date: March 31, 1993.

CLASSIFIED

For Rent

Silver Star Mountain Ski Area, near Vernon: brand new duplex with ski-to-door access to downhill ski area, sleeping for 10-12, hot tub and fully equipped kitchen. Phone 931-2285 Joyce Johnstone for rates and reservation.

New large 1 bedroom view suite, large deck, near KEC \$650.00 call Harry at 984-3686.

For Sale

<u>Computer Software:</u> (all new) includes manuals. (for IBM or IBM Compatible).

- 1. <u>Publish 1t.</u> Desktop publishing. Timework Platinum series. (also runs on Tandy 1000 & 3000). \$65.00 or best offer.
- 2. <u>Lotus Works.</u> Spreadsheet, Wordprocessing, Database, Spellchecker, Thesaurus, Graphics, and communications. \$75.00 or best offer (normally retails over \$150.00).
- 3. <u>Lotus Magellan.</u> Utility program. \$60.00 or best offer. (normally retails for about \$98.00).
- 4. MS-DOS 4.01. \$30.00. or best offer.

Contact Loren: 271-0920 evenings.

For Sale Continued

I have a new piano so this one has to go. Yamaha portable piano model YPR-7. Perfect for beginning students or someone wanting a portable keyboard. 5 octaves. 5 voices - piano 1, piano 2, electric piano, harpsichord and vibes. Headphone jack. Operates on AC power (adaptor included) or D-cell batteries (so you can take it to the beach or the cabin). Foot switch for sustain damper and music stand included. Weighs only 15 1/2 pounds. An excellent quality keyboard in new condition. \$500 or best offer. Call Pauline 871-7187 (days) or 872-0221 (evenings).