

OCTOBER
27
1994

King Edward

Vol. 299
October 27, 1994

1994-95 INFLUENZA VACCINATION

Influenza is caused by influenza A and B viruses and occurs in Canada almost every year, generally during late fall and the winter months. This year the influenza vaccine is designed to provide protection against the strains A/Texas/36/91, A/Shandong/09/93, and B/Panama/45/90. Protection against these strains of virus begins within 7 days after vaccination and has been shown to prevent illness in approximately 70% of adults.

Health Services is pleased to be able to offer flu vaccine to staff and students. There is no charge for this service. The vaccine is offered first to people in the following groups:

- adults with chronic cardiac (heart) or pulmonary (lung) disorders severe enough to require regular medical follow-up or hospital care.
- adults with other chronic conditions such as diabetes and other metabolic diseases, cancer, immunodeficiency (including HIV/AIDS virus), immunosuppression, renal disease and anaemia.

There are some side effects to the vaccine that may begin 6 to 12 hours after the vaccine and last for up to 2 days. These are soreness and redness at the injection site, fever, headache and muscle aches. These side effects are generally mild.

Wednesday, November 02 is the date set aside for vaccination of people who are affected by one of the above conditions. All those who receive flu vaccine will be required to remain in the Health Services area for 15 minutes after the vaccination.

After the above date, any vaccine remaining will be offered to the remainder of the campus population.

To arrange a time for your flu vaccination please call Pauline at local 7187. If I am not at my desk please leave a message with your name and phone number and I will get back to you as soon as possible.

Pauline Reaburn
College Health Nurse

DO NOT SEND CASH ...

It has been brought to our attention that people are sending cash through the inter-office mail. Please do not send cash through mail. The mail delivery person will NOT be responsible for missing money.

Cassandra Huang

VANCOUVER
COMMUNITY
COLLEGE



Vancouver Community College
King Edward Campus - Library
P.O. Box 24620, Station F
Vancouver, B.C. V5N 5T9

WINTER CLUB

Do not let the damp, dreary winter weather turn you into a couch potato! Get out and enjoy B.C.'s winter wonderland on Cross-Country Ski. The Vancouver cross country ski club offers weekend bus trips to B.C.'s best locations for track skiing- Larch Hill (Salmon Arm), Sovereign Lake (Vernon), Apex Alpine (Penticton), Wells Gary, Manning Park and day trips for back country skiing. Club membership is only \$18 /single or \$25/family. Weekend trips include bus transportation and accommodation at bargain basement prices. To find out more about the club, to become a member and/or to sign up for trips, come to the Club Wine and Cheese Social on Friday, November 04, 1994 at 7:30 p.m. at Sunrise Community Centre, 1931 Windermere (near Renfrew and 3rd Avenue).

You will see several familiar faces from VCC who are already members.

Alison Norman

FREE FREE FREE!!!

Administration Department has some used file folders to give out for free. Please contact Cassandra at local 7004.

LOST AND FOUND - COFFEE CUPS

If you have lost your most prized possession - your personal coffee cup - in the past two months, several have been found in the staff in the cafeteria and turned in to the Security Office. Contact Security to see if yours has been turned in.

Doreen Sharan

CUPS AVAILABLE

Envior cups are now available from the cafeteria cashiers for \$1.95 (including one free coffee). Please do not take dishes back to your office, request "For Takeout" when ordering your meal.

Cafeteria Manager



Association of
Women in Post-Secondary Education
in British Columbia

The Association of Women in Post-Secondary Education works to effect positive change toward a more equitable post-secondary education system. The College has purchase a membership in WPSE. This entitles VCC to five complimentary memberships in the five sectors listed below:

- Board
- Administration
- Faculty
- Staff
- Student

Please call Vivienne Garrott at local 7159, if you wish to put your name forward for any of the positions, or if you would like further information on the Association.

Vivienne Garrott

UNITED WAY

Special Chinese Lunch.



Coming to KEC
Tickets \$5.00

must be purchased before November 04, 1994 at KEC Bookstore/Cashier's Office.

KEC United Way Committee

CAMPAIGN UPDATE: OCTOBER 31 -LAST DAY OF THE CAMPAIGN

- **Wind-up Wine and Munchie Cheese Party**
3:30 p.m. - 5:00 pm Staff Cafeteria Closing ceremony. Refreshments are provide compliments of the College Social Committee and your campus United Way Committee - (gratis) donations to the United Way accepted, please join us!
- **Stragglers Draw** - All remaining prizes given out to those who missed their chance at the Early Bird Draw. Did not win the first time? Do not despair you have another chance! Get those pledge cards in by 12:00 noon Monday. You could win:
 - Golf umbrella.
 - \$150 Couture Fashions Gift Certificate.
 - Yard of Purdy's Chocolate.
 - Cnd. Outback Adventure Co. Rail and River Raft Trip = \$130.
 - Bottle of White Wine.
 - Bottle of Red Wine.
 - \$25.00 Safeway Gift Certificate.
 - Louis Vuitton Shoulder Bag.
 - Joice Beauty Travel Pack.
- **Passing the Banner** - a delegation from the City Centre United Way Committee will be on hand to receive the banners and flag for their campaign which starts October 31, 1994 with a kick-off **Healthy or Hearty United Way Breakfast**. Tickets available from Steph Jewell, local 7010. (See next page).

KEC Breakfast: \$450.00 (180 hearty breakfasts) held October 20, 1994.

Feedback: Start earlier next year and provide an alternative to fat laden bacon.

50/50 Draw: \$200.00 as of Wednesday October 26, 1994.

Pledge Cards: 30% Returned our goal 40%
- only 10% missing

KEC United Way Committee

SPOOK CITY

One more time! Monday, October 31, 1994 is Hallowe'en and in the name of fun we would like to invite all you closet ghouls and goblins to join us cartoon costume. "Ackk!" as cartoon "Cathy" would say. Costumes can be a pain to put together and cost money as well as time! Can we suggest a possible alternative? If you would like to join us in the "spirit" of things how about a \$1.00 sticker available from the cashiers on the 4th Floor that says, "**I dressed this way for the United Way**"? Be assured that, as with all the events on behalf of the United Way Campaign, participation is **COMPLETELY VOLUNTARY** and we promise that **NO** squads of fashion police will be roaming the halls to blackmail or otherwise wrest hard earned loonies from faculty and staff should they choose not to "play" that day.

KEC United Way Committee

ROOM BOOKINGS

Effective November 01, 1994 all meeting rooms (2145, 4043, 4056, 4060, 5025, 5042, 5043) will be booked through Manijeh Golkhizi at local 7027.

HELP US CLOSE OUT THE 1994
UNITED WAY CAMPAIGN WITH A...

HALLOWEEN BASH



**Monday,
October 31
3:30 - 5:00 p.m.
Staff and Faculty Cafeteria**

 **Scary Music**

 **Free Drinks and
Munchies***

*** Donations to United Way welcome**

 **COME IN
COSTUME!**

PANCAKE BREAKFAST

The City Centre United Way Pancake Breakfast will be in the cafeteria on Monday, October 31 from 7:00 a.m. to 10:00 a.m.

Tickets are only \$3.00 each, and are available at:
Switchboard, Student Records, Continuing Education and Media Services



United Way
of the Lower Mainland
The way to help the most.

Delicious Golden Pancakes
Bacon/Sausages
or
Yoghurt Bar with Fruits and Cereals
Coffee or Tea

SPECIAL CHINESE LUNCHEON

Tuesday, November 8, 1994
From 11:00 a.m. to 1:30 p.m.



United Way
of the Lower Mainland
The way to help the most.

This luncheon organized and hosted by Conrad Leung, Asian Culinary Arts Department

Beef and Broccoli
or
Chicken with Black Bean Sauce
INCLUDES: House Fried Rice and Seasonal Vegetables

Tickets are only \$5.00 each, and are available at:
Switchboard, Student Records, Continuing Education and Media Services

GREY CUP FOOTBALL POOL

Malcolm McIntosh at Media Services is once again organizing the event.

\$2.00 per ticket
three for \$5.00

\$ 50.00 prize

TICKETS AVAILABLE AT MEDIA SERVICES

AIRPLANE TOSS

This is a new event that will be on November 10 at noon in the main mall area.

\$1.00 per ticket

MANY DIFFERENT PRIZES

Tickets can be purchased during lunch at the Student Union Office, Cafeteria and during the Chinese Luncheon and Pancake Breakfast.



MEMO

Date October 18, 1994
To All Our Colleagues at City Centre
From 1994 United Way Committee
Subject 1994 United Way Campaign



Once again, it is that time of year! This year, we are focusing on participation, rather than dollars. We are fully aware of the circumstances that face many of us from time to time, and the thought of a large donation may be unrealistic. Please note, that your contribution is completely confidential and tax deductible.

The United Way of the Lower Mainland is one of only three United Way constituencies in Canada that is supported by an endowment which covers most of the administrative support costs. Only 3 cents of every dollar goes towards administration!

When you donate to the United Way, you are helping the voluntary agencies that provide year-round services in your community. Children and their families, the sick and the handicapped, people in personal crises, accident victims, the elderly, the unemployed, all depend on the United Way agencies for special help.

Take a moment to look around you; one in three people that you see has been assisted in some way by a United way agency!

You can direct your donation to the VCC Educational Foundation. Specify the particular trust account if you wish.

With our thanks, the United Way Committee:

Suzanne Paterson
Malcolm McIntosh
Condrad Leung

Syd Hartley
Vickki Montigny
Jackie Ehlert

Angelo Iapalucci
Donald Oakes

Let's join together as "united" colleagues, to consider, to participate and to give.

Thanks to YOU, We're getting there!
(With the United Way Campaign)

Thanks a Million!!



But now we need
your help to
solve a



Mystery

*"The Mystery of the
Missing Donors"*

We know
you're out there!!
You've given in
the past
so please
hand in your
pledge cards!

Hurry!, Monday, Oct. 31/94
is the last day for the
Straggler's Prize Draw!



**VANCOUVER,
ABORIGINAL
FRIENDSHIP
CENTRE
SOCIETY**

**Invitation to First
Nations Artists and
Crafters International
Powwow Festival
Committee**



We would like to invite you to be a part of the First Annual "Bringing People Together" International Powwow Festival to be held the weekend of November 11, 12 and 13th, 1994 at the Plaza of Nations in Vancouver, to coincide this year with the International Year of the Family and the 40th Anniversary of the Vancouver Aboriginal Friendship Centre Society.

The focus of the Festival is to provide a unique educational experience for everyone, taking into consideration the varied and rich culture, heritage, and tradition of First Nations Peoples. We are scheduling many events including: traditional dancers and singers; documentaries; elders telling about their legends and history; and youth groups that have created displays to help them build awareness and explain the meanings of each of their different native cultures and traditions.

For more information, please contact:

Ray Thunderchild or Rocky Howse
Vancouver Aboriginal Friendship Centre Society
1607 East Hastings Street
Vancouver, B.C. V5L 1S7

TEL: 251-4844

**B.C. ASIA PACIFIC AWARDS
AND
MEXICO GRANT PROGRAM**

November 01, 1994 and February 01, 1995 are the deadlines for applications for these awards for college students and employees. For information and application form, please contact Cecily May at 871-7178.

**CANADIAN BUREAU FOR
INTERNATIONAL EDUCATION
(C.B.I.E) CONFERENCE**

Expanding Horizons Through Student Mobility

November 03-06, 1994
Vancouver Renaissance Hotel

For information or a copy of the preliminary program, please contact Cecily May at 871-7178.

**AUTOMOTIVE
DEPARTMENT**



VCC Automotive Department (KEC Campus) is currently accepting requests for mechanical repairs to vehicles 1984 or newer. We need Brake, Transmission and Tune-up, starters, alternators, etc. Repair requests will be filled as openings become available. We work on vehicles from faculty, staff, students, and/or general public. There is no labour charge on work done in our shop.

Please leave a message with Cecilia at 7426.

Automotive Department

LIBRARY AND MEDIA SERVICES (LAMS) NEWS

NEW BOOKS AT KEC LIBRARY

1. Her story: women from Canada's past.
2. Gandhi: an autobiography.
3. Blue politics: pornography and the law in the age of feminism.
4. Canada and the global economy.
5. Cooking for good health.
6. Designs for fund-raising.
7. Educational management and leadership.
8. Ethnicity and culture in Canada.
9. Farewell to my concubine (Lilian Lee).
10. The first step on the longer path to becoming an ESL teacher.
11. Jewish musical traditions.
12. Jazz: theory and practice.
13. Myths and folk tales around the world.
14. Nutrition and disease.
15. Quick BASIC: using independent subprograms.
16. Race matters.
17. Resume pro: the professional's guide.
18. Using Microsoft Works for Windows.
19. Corel DRAW! 4 unleashed.
20. WordPerfect 6 for DOS: quick and easy.

ANNOUNCEMENTS

Library Aide for Students with Disabilities

The Counselling Department is once again providing an aide in the library for students who require assistance in doing library work, e.g., information searching, retrieving materials, using the TTY and A-V equipment, and photocopying.

Times are as follows:

Monday and Tuesday 12.30 p.m. - 1:30 p.m.
(Sign Language available these days only)

Wednesday and Thursday

11:30 a.m. - 12:30 p.m.

**INSTRUCTORS, PLEASE INFORM
YOUR STUDENTS. WE DO POST
NOTICES BUT FIND THAT WORD
OF MOUTH IS MOST EFFECTIVE IN
LETTING PEOPLE KNOW.**

Many thanks from the Library to Counselling, especially Mel Felker and Vicky Monroy, for their ongoing work in support of this popular service.

**Cathie Perry, Irene King
Library**

VOLUNTEER TEACH IN AFRICA

Established by the Z.U.B.F. (Zimbabwe Unemployment Benefit Fund), a Volunteer teaching program is available in Mvuma, Zimbabwe. Room and board provided by the community. Live with a family or choose to stay in your own accommodation. If you are interested, please contact:

Mike Warrington
5130 Wallace Avenue
Tsawassen, B.C.
Tel: 943-6144

Or write to:

Bernard Hutire
c/o International Exchange Program
Box 116
Mvuma
Zimbabwe, Africa

Della Glendenning

Thinking about Retirement?

Employees seriously considering retirement in 1995 are advised to request pension calculations and documentation from the Superannuation Commission well in advance of anticipated retirement. **The Commission requests that prospective retirees begin the process at least one full year before actual retirement.**

Each year the Superannuation Commission prepares and sends out individual "Contributor Statements" detailing contributions to the end of the previous pension year and providing pension projections for those 45 years of age and older. The Commission now advised that these statements should be produced by mid-November. **These Contributor Statements are an essential record for you and additional copies are not available. It will take approximately six months (from time of request) to obtain similar information from Superannuation.**

In planning for retirement you might be interested in the opportunity for a personal interview with a Superannuation Commission representative. The representatives are in the Vancouver area two days per month, offering half-hour interviews - usually the first or second Wednesday/Thursday of each month. Those wishing such an interview should complete a Request form (available from Employee Relations) and forward it to the Superannuation Commission at least **four months** prior to the requested interview date.

To arrange for receipt of **Canada Pension, Old Age Security or pensions from other countries**, the following will be of assistance:

Canada Pension }
Old Age Security }

Contact: Health & Welfare Canada - 666-3040
. 2634 Granville Stree, Vancouver
. 625 Belmont, New Westminster
. 101-5625 Imperial, Burnaby
. 113-260 W. Esplanade, North Vancouver

U.S. Social Security

Contact: Social Security Administration
109 Federal Building
104 Magnolia
Bellingham, Washington 98225

Great Britain

Contact: Dept. of Social Security
Overseas Group
Newcastle-upon-Tyne
England NE98 1YX

India, France, Italy,
Germany, Netherlands

Contact: International Operations
Revenue Security Program
Health & Welfare Canada
Ottawa, Ontario K1A 0L4

For any other country you may contact the nearest office of the Consulate General for that country or inquire of Health & Welfare Canada for additional contacts.

Again, if you are seriously planning for retirement in 1995 begin now in order to have all the specific pension information available that you will want to consider in making a decision!

You are invited to
the opening
of

Country & Eastern

an exhibit
of small quilts
by Margaret Hepler

Friday, November 4, 1994, 9pm - 11pm
Mount Pleasant Community Center Art Exhibit Space
16th Ave. and Ontario St., Vancouver

FREE ADMISSION Bring a friend !

Exhibit dates: Nov. 4 - Dec 2, 1994

40% discount
on quilts bought
at the opening

AT V.A.F.C. (Vancouver Aboriginal Friendship CENTRE)



PROCEEDS TOWARDS
CHILDREN'S XMAS
PARTY TO BE HELD
DEC. 11TH at V.A.F.C.

BY DONATION

Thur. NOV. 3RD 1:30^{PM}

THE KAREN JAMIESON
DANCE CO.

+The Dag'm Haast Dancers

with hereditary Chief Hagbogwatku (Ken Harris)

This is a COMPLIMENTARY Dress Rehearsal
before they travel to JAPAN

FOR INFO.

Phone
PHIL L'HIRONDELLE
PROGRAM Co-ordinator

at Vancouver Aboriginal Friendship Centre 257-4844

KEC AWARDS DAY

To all administrators, faculty, staff and students: Reminder to mark your calendar for:

THURSDAY,
NOVEMBER 24, 1994
FROM
11:00 A.M. TO 12:30 P.M.

to attend the Awards Day ceremony in the Auditorium. This is a very special event for students who have excelled academically. Please come to recognize the students and the scholarship donors.

Sandra North

VOICMAIL PLAYED MESSAGE RETENTION REDUCED

This is a reminder that as of Monday, October 17, 1994, the retention time for played voicemail messages was reduced from seven (7) days to three (3) days. This was done to reduce the demand on our limited disk storage. As always, your co-operation in reducing the number of messages stored in your mailbox is appreciated. Thank you.

Christie Wagner

ATTENTION!!!

All Purdy's completed order forms and money must be handed to cassandra by (November 09, 1994). Late forms will not be accepted.

POSITIONS OPENING

Vancouver Community College

Director of Financial Services. Closing date: October 28, 1994.

Langara College

Instructional Assistant (b), Nutrition and Food Service Management Program. November 04, 1994.

Director of Employee and Labour Relations. Closing date: October 31, 1994.

Part-time Computer Operator/Programmer, Information and Computing Services. Closing date: November 08, 1994.

Miscellaneous

Sessional Instructors, Geography 111 and Physical Geography. Simon Fraser University.

For further information on these postings, please check the VCCFA Bulletin Board on the 4th Floor Administration.

CLASSIFICATIONS

For Sale

Sears Kenmore washer. Two years old, like new. Asking \$275. Call Dale Rasmussen at local 7152.

