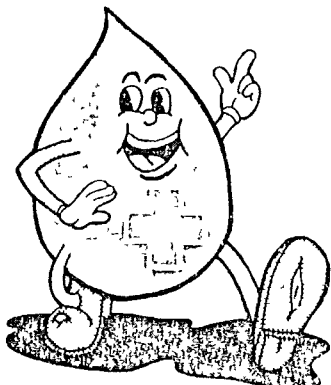


VVinsider

VVINSIDER : VOLUME 4 : NUMBER 32 : OCTOBER 24, 1986

RESULTS FROM THE BLOOD DONOR CLINIC



The Blood Donor Clinic held early this fall on September 29th resulted in

177 donors participating
with a total of
151 units of blood collected!

The Canadian Red Cross Society would like to extend special thanks to all the participants for their support of the Blood Donor Recruitment Program.

VANCOUVER CITY SMOKING POLICY

How is the new Vancouver City Smoking Policy going to affect us here at the V.V.I.? Well you will have your chance to voice your opinion on the matter before final decisions are made.

The Campus Committee dealing with this policy will be compiling and distributing an opinion survey to as many students, faculty, and staff as possible, and needs your cooperation in responding as quickly as possible when you receive your questionnaire.



Watch for the survey and your chance to participate.

LG

STUDY TROUBLES??

The Counselling Department has a limited number of peer tutors for those students who need intensive, one-to-one help with trouble study areas.

Students requesting help must have an instructor's referral to be eligible. Contact Ian Forsythe in the Counselling Department at Local 219 for more information on this service.

IF

A REMINDER

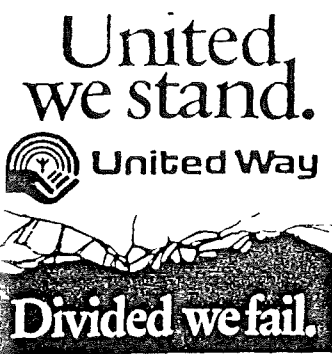
Parking is available only to Part-time Instructors and staff in the evenings after 16:00, and on Saturdays. The rate charged is \$1.00 per day.

RGS




QUOTE OF THE WEEK

What the heart knows today, the head will understand tomorrow.





Donations To Date: Oct. 22.

As of Wednesday, October 22, 1986:		
BARREL PLEDGES:		<u>\$2,635.11</u>
PANCAKE TAKE:		<u>\$1,881.55</u>
ROCTOBER DANCE:		<u>\$ 300.00</u>
GRAND SUB - TOTAL		<u>\$4,816.66</u>
OUR GOAL IS: <u>\$6,000</u>	We have achieved	<u>80%</u>

*** THANK-YOU »« THANK-YOU ***

We're Almost There!

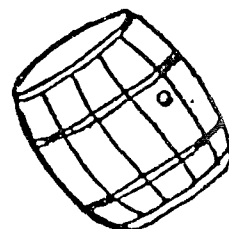
Time Is Running Out !!!

   **WINNERS**   

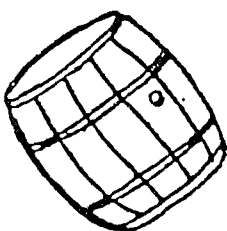
*** BARREL WINNER ***

CONGRATULATIONS! CONGRATULATIONS! to

RAJ CHEEMA, LOGISTICAL
2ND FLOOR



Winner of the Barrel draw, held on October 17. Raj won \$25.00 worth of Shoe Repair. Don't miss the Grand Prize Draw on October 31, 1986 for a sumptuous dinner for two at J.J.'s Restaurant worth \$30.00. Watch this space for the winner of the \$25.00 towards HAIRSTYLING and FACIALS drawn on October 24, 1986. Can't win if you don't enter, so keep those pledge cards and envelopes coming!!!! The barrel is hiding in the Mall everyday from 11:30 to 1:00PM.



Give like you've never given before!



United Way



Back in May the VCC PRESS announced its birth!

The baby is WELL and GROWING steadily but

it is still an infant.

One of the partners in the press - the members of

the AD HOC COMMITTEE - would like to meet with

potential authors, departmental representatives and

other interested individuals to discuss further projects and

YOUR ROLE in the PRESS

Representatives of the PRESS will be available

in Room 4043 from 2.30 pm to 4.30 pm

on October 29, 1986



DROP IN:
Coffee will be available
as will be further information
about VCC PRESS

F I T N E S S

F I T N E S S

F I T N E S S

We're off and running?.....jumping?.....aerobicing????

AN UPDATE

Our first meeting was held October 15th, and noon hour classes commenced on Monday, October 20th from 12:05 until 12:45.

Our instructor is Maureen McBride, and she comes to us well qualified . . .

She holds the YMCA Fitness Instructor's Certificate,
a St. John's First Aid Certificate,
has CPR and Sports Aid,
and she is in her 4th year Phys Ed at UBC.

She has also been instructing at Langara for the past four years!

NOW TO THE BUSINESS END OF IT

First of all a word of THANKS to the V.V.I. Administration who heard our plea for financial support and have agreed to subsidize us from October through December.

What we require from those of you wishing to take part; is a cheque for \$20.00 for the twenty sessions between October and December (only \$1.00 per session)!

For anyone wishing to try it out for one session or more before committing themselves, it will be \$2.00 per session.

and please remember . . .

Jackie and Wynn are volunteers so anything you can do to help us out will be much appreciated!

See you every Monday and Wednesday at 12:05 sharp in Room 160.

We'll be there to take your cheque!

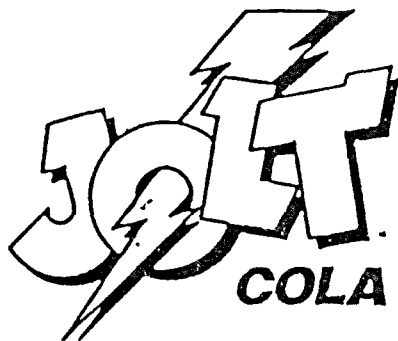
Wynn Keenan and Jackie Sandy

DARE TO WANT IT ALL.

FOR THE UNITED WAY



United Way
of the lower mainland



Now Available At The V.V.I.



► JUNK FOOD LUNCH EXTRAVAGANZA ◀

To be held in the MALL, Wednesday, October 29, from 11:30 to 1:00PM. POPCORN! CANDY FLOSS! NACHOS! JOLT COLA! ICE CREAM! SOFT DRINKS! & HOT DOGS! Remember that's Wednesday, October 29! Come & eat until it hurts! All proceeds to the UNITED WAY!

BRING YOUR MONEY! BRING YOUR APPETITE! BRING YOUR DENTAL FLOSS!!!

THE UNITED WAY FROM K.E.C.

The Administrator's Auction was a tremendous success -- there were 11 administrators on the auction and block and we raised a total of \$1090 for the United Way. My thanks to all those who participated and to the Administrators for being good sports. I hope your masters are not too hard on you!!

Unfortunately one item was overlooked -- and that was the GREEK DINNER for 4 donated by Richard Pearce. If you would like to bid on this item, I am accepting silent bids. Please send your bid to my attention, Joanne Bydal, Central Administration, before October 30, 1986. The winner will be informed October 31st.

This is one item a large number of people are interested in and from what I hear Richard is a good cook!!!

JB

RECOGNIZE SOME NEW FACES AROUND CAMPUS??

We have some new permanent staff and instructors with us!

A warm V.V.I. welcome to:

Bev Glover in Program Development
Patricia Thompson in Food Trades
Jim Bezanson in Drafting
William Brown in Power Engineering
Curtis Gislason in Printing Production
Jostein Indbryn in Electronics
Manfred Molz in Building Services Worker
Robert McAuliffe in Electronics
and
Mary Wilson in Counselling

NEW BOOKS IN THE LIBRARY

Always in style with color me beautiful
Contemporary Canadian Architecture
Diagnosis and treatment of alcoholism
Fit for life
Getting to yes: negotiating agreement without giving in
Grassroots: the writer's workbook
Siliconconnections: coming of age in the electronics era
Small air-cooled engines service manual (15th ed.)
Wills for British Columbia: how to make your own will
WINC curriculum guide: women in nontraditional careers
Winning the job interview game: tips for the high-tech era