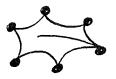
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VVINSIDER: VOLUME 4: NUMBER 34: NOVEMBER 17, 1986



CARE & SHARE, NEEDY STUDENT HAMPER PROJECT



Now is the time of year when a very worthy cause seems to have its hand outstretched in the hopes that the season of good cheer extends goodwill toward others and certainly all of these agencies are deserving of our respect and support for their good works.

Many people are very happy to give to various campaigns and enough people were generous last year toward the VVI Care & Share Caroling Project, that sufficient money and materials were donated to make the Christmas season a welcome and merry time for 22 of our less fortunate students. This year we need help for 40.

The Care & Share Project is on again this year and your donations (cash or non-perishable food), no matter how small, will bring warmth and delight to someone who would otherwise have little during this season of merriment and giving. Commencing Monday, December 1 through Friday, December 19, donations to the Care & Share Project can be left at the Security Office, Counselling Department or the Financial Aid office and after Monday, December 8 they may be left at the Christmas Tree in the Mall. Join in the spirit of the Christmas Season and give substance to your Christmas wishes with a donation to the VVI Care & Share Project.

## CAROLING

It's the time of year for tradition and voices will be raised in salute as caroling will begin in the Mall on Monday, December 15 at 12:00 and continue daily until Friday, December 19.

Everyone is invited to partake! Assignment of dates to departments will be done at a later date.

**GBC** 

QUOTE OF THE WEEK

Snowflakes are one of nature's most fragile things, but just look at what they can do when they stick together!

NOV 2 5 1986

VCC-VANCOUVER VOCATIONAL INSTITUTE



## NEW BOOKS IN THE LIBRARY

Adult Majority: Redefining the Two-Year Institution

Cuisine of the South Pacific Every Woman's Guide to the Law

Growing Together: Family Resource Centres in British Columbia

Inside Track: A Successful Job Search Method

Inspecting a House: A Guide for Buyers, Owners and Renovators

Introduction to Wordstar 2000

Old & New Architecture: Design Relationship

Pocket Guide to British Columbia Law

Publication Design: A Guide to Page Layout, Typography, Format & Style

Report of the Task Force on Child Care

Vocational Training: Emerging Roles of Community Colleges

## OFFICE MANNERS: DO YOU MIND YOURS?

It never hurts to periodically review your manners. Elizabeth Post in <u>Emily Post's Etiquette</u>: A <u>Guide to Modern Manners</u> has compiled a checklist of <u>business "do's" and "do not's"</u>. How do you rate?

The "do's" include the following:

- Dress neatly, in good taste, and in keeping with the job.
- Pay attention to your speech, and, if necessary, take speech lessons to improve it.
- Maintain a positive attitude.
- Get to work on time and meet your deadlines.
- Be at work whenever you possibly can. Avoid excessive absences.
- Try to be thoughtful and aware of the persons around you.
- Be aware of the fine line between aggressiveness and initiative.
- Limit private phone calls to those that are absolutely necessary.

The ''do not's' include:

- Don't gossip about company personnel.
- Don't be messy in your personal appearance or in your work.
- Don't discuss your personal appearance or in your work.
- Don't break confidences.
- Don't allow your family to visit the office during work hours.
- Don't waste time by talking to fellow office workers or reading magazines.
- Don't use obscene language.
- Don't chew gum in the office.

LG

A tramp knocked on the door of a quaint old inn named George and the Dragon A woman opened the door.

"Could I trouble you for something to eat?" he asked.

"No, go away!" roared the woman, slamming the door in his face

A moment later, he knocked again, and the woman opened the door Said the tramp politely, "I wonder if I might have a word with George?"

#### PROGRAMS FOR THE 80'S

\*Instructors: Please notify your students.

# PROGRAMS FOR THE 80'S

WHAT'S AVAILABLE?

WHERE?

REQUIREMENTS?

NEW TRENDS IN EDUCATION?

FIND OUT AT THE:

# EDUCATION SEMINAR

DATE: FRIDAY, NOVEMBER 28, 1986.

TIME: 12:00 NOON

PLACE: TO BE ANNOUNCED

Meet with Counsellors from Langara, Vancouver Vocational Institute, New B.C.I.T., Kwantlen College - Newton Centre, King Edward Campus, U.B.C., and S.F.U.

For further information, contact the King Edward Campus Counselling Department, Room 3002, 875-8208.

## SUPPORT THE VCC EDUCATIONAL FOUNDATION

The Entertainment 87 Books are being sold by Langara College. Books are \$38 with \$7.60 going towards the Educational Foundation. Please contact Sheilagh Brennan at 324-5244 or Lyle Larrigan at 324-5427.

## JOB OPPORTUNITIES

Langara Campus requires full or part-time temporary instructors for the following subject areas:

Computers: Introduction to Data Processing

Introduction to Microcomputers

Systems - Business Computer Applications

Business Management: Management Policies and Practices

Organizational Behaviour

Public Speaking

Marketing

Fundamentals of Finance

Business and/or Real Estate Law

For further information, please contact Dale Jones.

## UPDATE

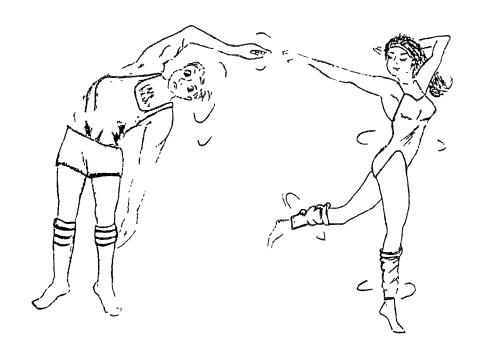
## FITNESS \*\*\* FITNESS \*\*\* FITNESS

Our noon aerobics class is a huge (no pun intended) success. The attendance averages 20 and we've had many requests for additional classes.

Although we can't accept anymore participants in the Mon/Wed classes, we are, by popular demand, starting a Friday noon class. If anyone is interested, please call Jackie, Local 216 or myself Local 200.

Also if anyone is interested in 1:00 pm or afternoon classes starting in January, please let us know . (no promises, but we'll try.)

Wynn Keenan



I would be interested in afternoon classes on the following days in January.

Mon Tue Wed Thur Fri (circle days)

1:00 3:00 3:30 4:00 4:30 or \_\_\_\_ (circle time)

NAME LOCAL

Return to Jackie Sandy, Counselling or Wynn Keenan, Admissions

## LUNCH WITH THE WHALES

The Tourism Industry Association of B.C. is pleased to have its third luncheon in their networking series hosted by the Vancouver Aquarium on Wednesday, November 26th, 1986.

TIABC members and guests will tour behind the scenes of one of Vancouver's major attractions. We will start with lunch in the Ralph M. Shaw room which has floor to ceiling windows looking out into the new \$5 million dollar whale habitat. After lunch we will tour the Aquarium then arrive back to enjoy the 1:00 p.m. whale show. The luncheon will wrap up after the show at about 1:20 p.m.

Please reserve early!! Pre-payment is appreciated.

11:30 Meet in the lobby of the Vancouver Aquarium

12:30 Tour around the facilities

1:00 The Whale Show

1:20 Wind up

Cost: Members \$12.00

Guests \$14.00

Support TIABC! Reserve early! R.S.V.P. Kelly 688-4115



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